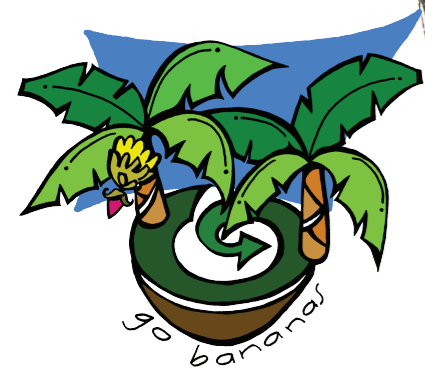
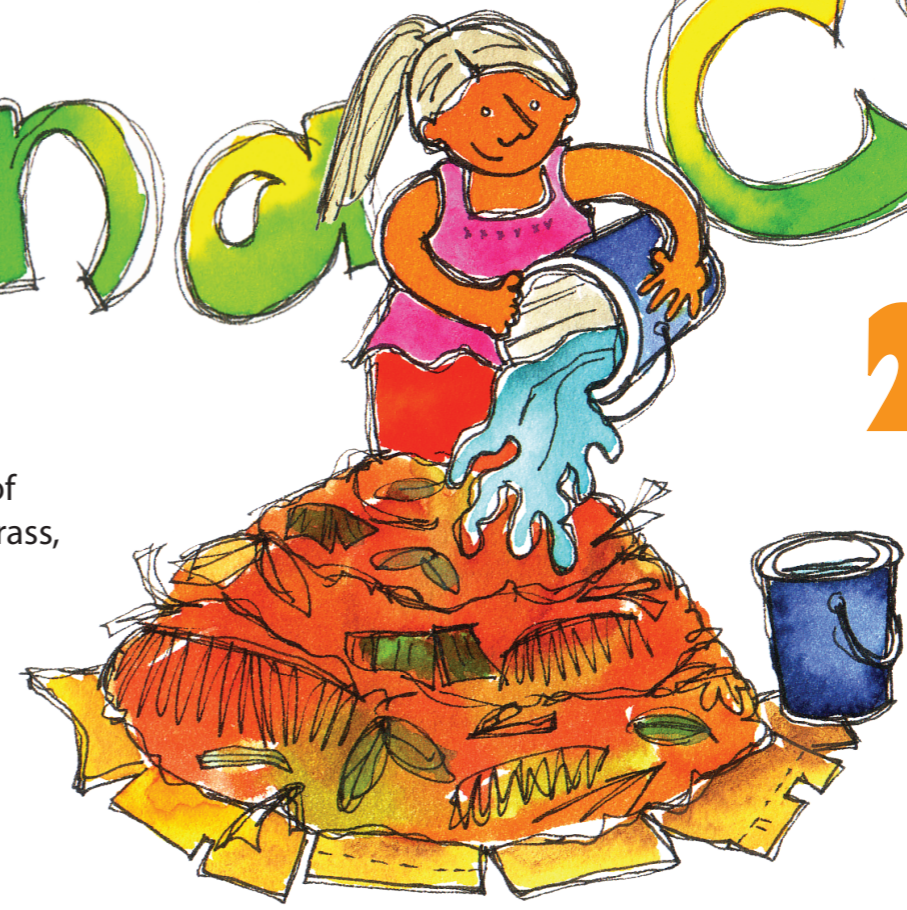


Healthy, easy and free...get more fruit for your family!

Banana Circle



1 Make a 2x2 metre pile of garden waste (leaves, grass, small branches). Pig and chicken poo will also help.



2 Throw several buckets of water onto the pile.

★ Washing or kitchen water is great, but not bleach.



3 Plant bananas or other fruit trees around the pile; half a metre out from the pile, at least two metres apart. Water daily until they are strong.

★ Don't mix bananas with other fruit trees around the pile. Bananas are so strong they will kill the other plants.



4 Just keep piling your garden waste on top of the Banana Circle.

★ Too much garden waste? Make another Banana Circle!



Feed your fruit trees... fruit trees feed you!