



This initiative is supported by **PacWastePlus**-a 72 month project funded by the European Union (**EU**) and implemented by the Secretariat of the Pacific Regional Environment Programme (**SPREP**) to sustainably and cost effectively improve regional management of waste and pollution.

# INTRODUCTION TO COMPOSTING



PACWASTE PLUS PROGRAMME REGIONAL ORGANICS MANAGEMENT PROJECT



## The PacWaste Plus Programme

#### www.pacwasteplus.org



- The Pacific European Union (EU) Waste Management Programme, PacWaste Plus
- Implemented by the Secretariat of the Pacific Regional Environment Programme (SPREP)
- Aims:
  - Improve economic, social, health, and environmental benefits.
  - Enhancing existing activities
  - Building capacity and sustainability into waste management practices.









# Where can we be?













## Activity: Current Composting Process / Understanding Existing Knowledge





Activity Time: 15 mins



# **Principles** for Effective Composting





## **Composting: Terminology**



#### Organics or Organic Material

Materials that were once part of a living thing. Can include: garden cuttings, grass and branches

#### Mulch

Woody and garden organic materials, once shredded,

**but** before undergoing a composting process



#### Composting

A natural biochemical process naturally occurring microorganisms transform raw organic materials into compost products



#### Compost

Organic material that has been broken down during composting, looks and smells like dark, fertile garden soil



Compost is more than the sum of its parts; *it is an ecosystem.* 



#### **Common Organic Materials found in the** Pacific

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Copra By-product



Fish By-product















**Coffee By-product** 



Noni By-product Sugarcane By-product

Molasses

Yard / Community

Plantation / Harvest Food Organics













Noxious Weeds

**Cooking Fire Ash** 

Animal Manure



Sawdust



**Crushed Seashells** 

Legend (see Section 2.1 for more details):

**High Carbon Items** 



Neutral Carbon / Nitrogen



## How Does it Work?

Air

Oxygen provides microbes air to breath. Oxygen makes the composting process work faster and more effectively, and it also reduces likelihood of a compost pile producing bad odour.

#### Water

Microbe

Water provides the microbes liquid to drink. Microbes will dehydrate if the compost pile is too dry but will drown if the compost pile is too wet, slowing down the microbes and producing bad odour.

#### Food

Microbes eat organic material to create compost. Microbes need the right sort and balance of food to be effective at creating compost, the two key nutrients are "carbon" and "nitrogen"









TIME



## How do we add: Food

## The Carbon to Nitrogen Ratio

**PacWaste Plus Programme** High Nitrogen Material High Carbon Material Examples Examples Palm & Flax **Coconut Husks** Sugarcane Coffee Copra Fish C:N 70:1 C:N 100:1 C:N 70:1 C:N 5:1 C:N 27:1 C:N 11:1 Paper & Card Sawdust Molasses Animal Manure **Food Organics** Beer C:N 300:1 C:N 500:1 C:N 98:1 C:N 12:1 C:N 12:1 C:N 9:1

Introduction to Composting

**Regional Organics Project** 



## The Carbon to Nitrogen Ratio

- Calculating correct C:N Ratio for effective composting
- This helps to understand how microbes behave
- Two main groups of microbes:



Microbes in a compost pile use carbon as a source of energy Nitrogen for building cell structure



## How do we add: Water



- Add in "damp" materials e.g. leaves, food scraps
- Add water at the start of the process
- Add water during the process if the bay gets dry

- Several options:
  - Bucket
  - Hose
  - Sprinklers, etc
- Don't forget to mix











#### How do we add: Air



- Variety of particle sizes small and large
- Turning during the process to "fluff up" the bay





## How do we add: Air Turning the Pile

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#### How do we add: Air Mixed Particle Sizes

- Variety of particle sizes small and large
- Shredding larger material assists the microbes and provides air pockets in the compost piles





## **Shredder Selection: Drum Shredder**

#### Suitability of "Drum" Shredders over Disk Shredders in the Pacific

**Power and Durability:** strong motors and durable components, less prone to wear and tear

- **Faster Processing:** continuous and more efficient shredding
- **Safer Processing:** drum blades do not get "caught up" with fibrous vegetation (common in disk shredders) less need for staff to interact closely with the blades

**Lower Maintenance:** rugged design and fewer moving parts, requiring less frequent maintenance





## Material focus

#### Palm and flax



Helpful for aeration

May impede water retention











#### Material focus Coconut husks



#### Whole coconut husks or shredded

Helpful for aeration



FOOD

Helpful for water

High in carbon



#### **Powdered coconut husks**

Impedes aeration



Impedes water retention



High in carbon



Source: Coconut husk, biomass from coconut: fibers are known as coir (lampoonmagazine.com)





Source: The Benefits of Coconut Husk as a Growing Medium – Unsolicited Plant Talks - Online Store (gengoodmk.shop)





#### **Material focus** Yard / community clean- up





Helpful for aeration

Helpful for water















#### Material focus Animal manure



May impede aeration

May impede water retention



High in nitrogen











#### **Material focus** Fish processing by-product

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• Size of input to be considered



FOOD



Helpful for water retention

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Source: The new hybrid? Blending plant-based proteins with fish by-products, algae, and insect larvae (foodnavigator.com)









# Monitoring and Reporting

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## Checking on compost

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#### Air

Visually inspect the compost pile to confirm it has a mix of large and small items, with large pieces (enabling air to flow through).

If there is a foul odour, it may indicate insufficient airflow.

If there is a foul odour and/or the compost material is clumped together, turn the pile and add additional items that are "Helpful for aeration" (from Section 3) Microbe

#### Water

Compost should be damp to the touch but not too wet. To assess water content, collect a handful of material and squeeze-if a just few drops of water are released the moisture content is about right.

If there is a foul odour, it may indicate too much moisture (*restricting airflow*).

If the compost is too dry, add water or additional items that are "Helpful for water retention" (from Section 3)

If the compost is too wet, turn the pile and add additional dry items that are "Helpful for aeration" (from Section 3)

#### Food

If too much **nitrogen** the compost may appear wet and soggy (*due to an excess of nitrates*). There will also be a bad ammonia-like smell. Excessive nitrogen may be detected through monitoring temperature, too much nitrogen will have a high temperature.

If there is a foul odour and/or a surplus of **high-nitrogen** materials (*i.e., materials that are fresh, flexible, and moist*), turn the pile and add additional items that are "High Carbon" (from Section 3)

If too much **carbon**, the compost in the pile will be dry and be very slow to decompose. Excessive carbon may also be detected through monitoring temperature, too much carbon will have a low temperature.

If the composting process has stopped and there is a surplus of **high carbon** (*i.e., materials that are old, rigid, and dry*), turn the pile and add additional items that are "High Nitrogen" (from Section 3)



## Monitoring – temperature and moisture











#### **Composting phases** °C 70-60-40. Phase II Temperature Thermophilic environment Phase I Phase III Phase IV Mesophilic 1 Mesophilic 2 Maturation I. Microbes II. Heat loving III. Cooling, food IV. Cool, Stable, Microbes = stays cool soil working hard running out = heating up hot



## Monitoring and reporting – hands on

Why monitor?





#### What and how?









## Checking Performance







| LOOK                          | Does it look_ | dry &           | loose, mixed             | wet & soggy,   |
|-------------------------------|---------------|-----------------|--------------------------|----------------|
| Visually inspect the pile     |               | crispy          | sizes                    | clumped        |
| Squeeze a handful of material | Does it feel  | dry &<br>crispy | moist<br>but not too wet | wet &<br>Soggy |
| TEMP                          | Does it feel  | cool            | warm                     | hot            |
| Measure with probe or spade   |               | [<115]          | (~130°f)                 | (>150°f)       |
| SMELL                         | Does it smell | like            | good like                | "bad" like     |
| Carefully smell the material  |               | "nothing"       | "earthy"                 | rotten egg     |



## **Checking Temperature**





Recording sheet / notice board

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• Volume in

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- Date last turn
- Date last Air, Water, Food check
- Volume out
- Check Bays
  - Air, Water, Food
  - Contaminants
- Check Dumping Areas
  - Visually inspect
  - Noxious weeds, plastic, rocks present?

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**Compost Temperature** 

**Introduction to Composting** 

**Regional Organics Project** 

**PacWaste Plus Programme** 





## **Data Collection**



#### Organcis Management and Composting Daily Data Collection Template

| Eacility Namo                                       |                                     |  |  |  |
|---|-------------------------------------|--|--|--|
| Facility Name                                       |                                     |  |  |  |
| Date  |                                     |  |  |  |
| Staff on duty                                       |                                     |  |  |  |
| ,   |                                     |  |  |  |
| Chipper Operation                                   |                                     |  |  |  |
| Chipper operating hours                             | hours                               |  |  |  |
| Comments / maintenance needed                       |                                     |  |  |  |
| Estimated pre chipped volume                        | estimated m3 / y3 /<br>truck volume |  |  |  |
| - % material type                                   |                                     |  |  |  |
| - Dry, rigid, brown material                        | %                                   |  |  |  |
| <ul> <li>Fresh, flexible, green material</li> </ul> | %                                   |  |  |  |
| Estimated post chipped volume                       | estimated m3 / y3 /<br>truck volume |  |  |  |
| Comments  |                                     |  |  |  |
| Other Actions                                       |                                     |  |  |  |
| Was equipment maintained today?                     | Y/N                                 |  |  |  |
| Types of maintenance complete                       |                                     |  |  |  |
| Maintenance issued detected                         |                                     |  |  |  |
| Describe other tasks complete                       | i.e., litter pick up                |  |  |  |
| Issues to raise / actions for follow-up             |                                     |  |  |  |
|   |                                     |  |  |  |
| Compost produced                                    |                                     |  |  |  |
| Compost Made / Bagged                               | estimated m3 / y3 /<br># bags       |  |  |  |
| Compost Made / Dagged                               | # bags<br>estimated m3 / v3 /       |  |  |  |

| Compost produced                  | 20  |  |
|-----------------------------------|-----|--|
| Volume added to Bay 1             | 364 |  |
| - Dry, rigid, brown material      | 57% |  |
| - Fresh, flexible, green material | 43% |  |
| Compost Made / Bagged             | 87  |  |
| Compost Sold                      | 52  |  |
|                                   |     |  |
| Composting Process                |     |  |
| Bay 1                             |     |  |





#### **Template for Monitoing Compost Process Static Pile**



https://pacwasteplus.org/resources/organics-composting\_data-collection-monitoring/





## Activity: Setting Up Compost Pile













Organcis Management and Composting Daily Data Collection Template

| Daily Data Collection Ten               | nplate                              |   |  |  |
|---|-------------------------------------|---|--|--|
| Facility Name                           | •                                   | 1 |  |  |
|   |                                     |   |  |  |
| Date                                    |                                     |   |  |  |
| Staff on duty                           |                                     |   |  |  |
| Chipper Operation                       |                                     |   |  |  |
| Chipper operating hours                 | hours                               |   |  |  |
| Comments / maintenance needed           |                                     |   |  |  |
| Estimated pre chipped volume            | estimated m3 / y3 /<br>truck volume |   |  |  |
| - % material type                       |                                     |   |  |  |
| - Dry, rigid, brown material            | %                                   |   |  |  |
| - Fresh, flexible, green material       | %                                   |   |  |  |
| Estimated post chipped volume           | estimated m3 / y3 /<br>truck volume |   |  |  |
| Comments                                |                                     |   |  |  |
| Other Actions                           |                                     |   |  |  |
| Was equipment maintained today?         | Y/N                                 |   |  |  |
| Types of maintenance complete           | 1/18                                |   |  |  |
| Maintenance issued detected             |                                     |   |  |  |
| Describe other tasks complete           | i.e., litter pick up                |   |  |  |
| Issues to raise / actions for follow-up |                                     |   |  |  |
| Comment and the set                     |                                     |   |  |  |
| Compost produced                        | antimated and to 0.1                | 1 |  |  |
| Compost Made / Bagged                   | estimated m3 / y3 /<br># bags       |   |  |  |
| Compose Made / Dagged                   | estimated m3 / v3 /                 |   |  |  |





# Troubleshooting






# Troubleshooting













### Activity: Compost Scenarios

- 1. Go through each scenario
- 2. Discuss what is out of balance from the 3 key components (air, water, food) and brainstorm how you could fix it.
- Activity Time: 30min











Source: What Makes Good Compost? » Direct Compost Solutions





# Managing your facility





### Weather

- Why manage?
  - Effective composting
- What we need to avoid
  - Heavy rain
    - Too much moisture in compost
  - Heat
    - Compost will dry out
    - Overheating of compost fire, composting process stops
- How to manage
  - Cover composting areas/ piles
  - Capture rainwater for use
  - Daily checks for compost





# **Contamination - Physical and Chemical**

- Why manage?
  - Affect compost quality
- What we need to avoid
  - May impact health of staff
- How to manage
  - Reject materials
  - Remove before shredding
  - Stockpile and allow to degrade before being able to cut up
  - Transfer to recycling or landfill







Pesticides



Plastics, Metal, Glass



Rocks and soil



## **Surface Water and Groundwater Contamination**

#### Surface Water and Groundwater

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- Why manage?
  - To prevent contamination of waterways and land

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- Capture water (use to keep compost moist)
- What we need to avoid
  - Don't add to much water
  - Cover composting areas/ piles in bad weather
- How to manage?
  - Daily checks on moisture and adjust
  - Cover composting area (if possible)
  - Install hardstand area and leachate capture



**Introduction to Composting** 

**Regional Organics Project PacWaste Plus Programme** 



### **Pathogens and Weeds**

- Why manage?
  - Ensure staff and visitors have protective equipment (masks, gloves)
    - When establishing composting mix
    - When turning/moving materials
- What we need to avoid
  - Weeds remove from incoming material before shredding
- How to manage?
  - Hot composting (to kill pathogens and some weeds)





# Odour, Dust and Noise

- Why manage?
  - Ensure staff and visitors have protective equipment
    - When establishing composting mix
    - When turning/moving materials
- What we need to avoid
  - Weeds remove from incoming material before shredding
- How to manage?
  - Hot composting (to kill pathogens and some weeds)









#### Fire

- Why manage?
  - Safety of staff and environment
- What we need to avoid
  - Overheating in compost piles
    - Too large (heat can't escape)
    - Too dry
  - Sparks ignition
    - Lightening, equipment
- How to manage:
  - Contingency plan
  - Water onsite
  - Good composting practice







# Machinery

- Why manage?
  - Safety of staff and volunteers
  - Longevity of equipment and facilities
- What we need to avoid
  - Stay clear of heavy moving vehicles
- How to manage:
  - Good communication
  - Regular maintenance

Fakagalue masini





Heavy vehicle operation Shredder operation

Fa'agaloiga fa'apala









#### General access, site security

- Why manage?
  - Public safety
  - Security of equipment and facilities
- What we need to avoid
  - General public access site and being exposed to safety risk
- How to manage:
  - Secure all gates at the end of each day
  - Clear signage for accessible areas





#### Litter and site cleanliness

- Why manage?
  - Avoidance of pests
- What we need to avoid
  - Contamination and litter being blown around site
- How to manage:
  - Secure storage of rejected materials
  - Daily site-clean up







### **Further Reading / Resources Available**

|   | Questions:  |
|---|---|
| 1 | What is your weight of organic material to be processed daily?                      |
| 2 | What is the "Carbon" v "Nitrogen" ratio of your organic materials?                  |
| 3 | What is your main source of Nitrogen input?   |
| 4 | How much budget is available for establishing facilities and equipment?             |
| 5 | How much budget is available for ongoing operations (excluding labour)?             |
| 6 | How much labour is available (including volunteers)?                                |
| 7 | What level training do your staff or volunteers have?                               |
| 8 | What level of workshop support do you have for equipment maintenance and servicing? |
| 9 | How sensitive is your surrounding area?   |

Ranked - Possible Organics Management Solutions for your Context:

| 1st | Small Scale Composting (Manual)                          |
|-----|--|
| 2nd | Bay or Windrow Composting (with Mechanical Support)      |
| 3rd | Small Scale Anaerobic Digestion                          |
| 4th | Aerated Static Pile Composting (with Mechanical Support) |
| 5th | Mulch and Woodchip                                       |
| 6th | Animal Feed  |
| 7th | In-vessel Compost  |
| ath | Centralised Anerobic Digestion (Dry)                     |







Resources – Pacific Waste Plus





#### **ORGANICS MANAGEMENT**

Course Introduction and Basic Principles of Composting

Resources to assist decision makers in Pacific Island Countries and Timor-Leste to design and implement successful organics management solutions suitable for their specific scale and context.

BEGIN!



Developed by ivote

#### **Organics Management**

- < > 4
- 🔞 Course Introduction and Basic Principles of Composting
- 🞯 Composting Common Organic Materials in the Pacific and Timor-Leste
- Understanding and Selecting Suitable Organic Management Solutions for the Pacific and Timor-Leste
- 😢 Using the Decision Support Tool
- Guidelines and Standards for Composting and Compost Quality for the Pacific and Timor-Leste



· Product received from: Hoteliers,

fish processing, growers. Dropped off at facility. Donor support: New Zenama
Development and Relief Agency to
set up facility, N2D5400,000
Government support: None



# THANK YOU FOR YOUR PARTICIPATION AND HAPPY TO ANSWER ANY QUESTIONS!

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Check the programme website for publications, resources and programme updates

#### www.pacwasteplus.org

SPREP





#### Activity: Monitoring Compost Daily Checks Record Keeping

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Activity Time: 60 mins

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# **Example: Tuvalu Organics Training**









# **Example: The Marshall Islands**

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# **Example: Titikaveka Growers Association** – **Cook Islands**





# **Example: Port Vila Composting**





#### **Other examples**

