



A Practical Guide to Landfill Management in Pacific Island Countries

*- How to improve your waste disposal facility and its
operation in an economical and effective way -*

Volume-1: Inland-based waste disposal



August 2005

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SPREP



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Foreword

Pacific islands have long been seen as an island paradise where a number of tourists visit throughout the year from all over the world to enjoy the aesthetic beauty of virgin forests and white sandy beaches. Up until some time ago solid waste was never a problem in the traditional subsistence economy. People enjoyed the best from much of what nature could provide; an abundance of tropical fruits and staple crops, a constant and varied supply of fish and seafood, and water that was clean to drink. However, through the process of the rapid economic development for the past several decades, the lifestyle of the people in the Pacific has been changed to the one that largely depends on imported goods from the outside world. Consumption of those has accordingly and significantly contributed to the increased generation of solid waste. The waste then has to be disposed of somewhere in the islands with adequate care.

Today, we are facing with the fact that one of the major problems in Pacific islands has been the environmental and health risks as well as the eye-sore visual impact caused by the improper management of waste. Pacific island communities are struggling to preserve their lands and homes from the threat of solid waste.

Reducing waste around us is one task we must tackle, but on the other we cannot eliminate waste completely. Therefore we need a landfill to deposit such waste. The question is how cleanly and safely we can manage our waste landfill. Unfortunately, most landfills in the Pacific are considered as an open dump where waste is deposited and spread haphazardly without proper operation and management. Any uncontrolled open dump could be a source of pollution of water, air and land. We must take this seriously and respond properly in order to keep our island forever paradise.

This concise guide is designed primarily for solid waste officers in Pacific islands to increase their understanding of managing landfills so as to sustain their operation using appropriate technology. This guidebook not only provides us with technical knowledge how to manage a landfill using the concept of Fukuoka Method, but also reminds us of the importance and the need of behavioural change on our part for the better management of waste. Since solid waste is generated by every one of us, we all must assume responsibility to take good care of our own waste.

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CHAPTER 1

INTRODUCTION

This book is primarily targeted at solid waste officers in Pacific island countries who may have little background in engineering and construction. The objective of this guide is to help those users understand the concept of a landfill and its operation. It also demonstrates ways to upgrade/improve an existing facility in an economical and effective way that suits most landfills in the Pacific island countries. This book focuses on inland-based waste disposal and does not include landfilling at coastlines, lagoons or wetlands where a different method needs to be developed and applied.

1.1 Background

For small island countries in the Pacific region, waste management has become a major concern with the potential to cause negative impacts on national development activities, including tourism and trade, food supplies, public health and the environment. The generation and disposal of wastes has direct and indirect linkages to economic development. Waste materials represent a loss of money and opportunity, in terms of added cost of management and lost potential as a reusable resource. Poorly managed wastes can have negative effects on tourism, by jeopardising the image of “Pacific Paradise” promoted by most Pacific island countries, and by association with health warnings about infectious and vector-borne diseases. There is the potential for contamination of food supplies, which can have impacts on local markets or revenue from export crops. There are numerous health and environmental hazards that arise when wastes are poorly managed and disposed of.

Conversely, the benefits from good waste management can include reduced raw material costs, enhancement of the tourism experience, and reduced health care costs. Effective measures now will also avoid the need for expensive clean-up operations in the future.

1.2 Pacific Features

In Pacific island countries, there are some common features that are quite different from those of industrialized countries. Such features include, but are not limited to, the following:

- Geographical isolation
- Fragility of the island environment
- Limited natural resources
- Heavy reliance on imported goods
- Lack of industries other than tourism, agriculture or fisheries

On top of these, rapid population growth, high population densities in urban areas and changes in lifestyle are also commonly observed in most Pacific island countries. The combined effects of imported goods and increasing economic development will contribute to the generation of solid wastes. As a result, the volumes and diversity of solid wastes are increasing. Solid waste management is particularly important for small islands because of their limited land space. Geographical isolation and small local markets make it more

difficult to recycle products economically. Waste dumping into lagoons and coastal areas is a major threat to clean environments. Even in high-island countries, improperly managed dumpsites are posing serious risks to public health.

The reduction of solid waste and its safe disposal is one of the common and crucial issues for the Pacific region.

1.3 Waste dumps: old issue and new problem

A waste dump is a place where people have thrown rubbish away. In ancient times, our ancestors ate shellfish and threw shells away somewhere near their residence. That place, in other words a shell heap, became the first dumpsite in the history of human beings. Our ancestors disposed only things that were of no use, but we, sometimes considered as more “advanced,” often dispose of things which are still quite usable and have value.

Because most materials do not vanish immediately, we have to keep them somewhere even if we do not need them any more. There used to be few materials that did not degrade naturally. When people threw away banana skin, for example, it would degrade quickly and become a part of the nature. Many artificial materials are available now to make our life convenient. Unfortunately, most of them do not easily decompose and will stay as they are for a long time.

When materials are thrown away and left uncovered, they will start decomposing and generate bad smells, and act as a breeding ground for flies, mosquitoes and other vectors. Those wastes that do not easily decompose remain scattered as they are. Some light materials will fly away under strong winds. Scavenging can also serve to spread the waste around. Uncontrolled open burning can also add to the nuisance impacts and potential health risks. This overall situation is called open dumping and poses significant environmental and health risks to the public and the surrounding environment. It is a common and typical problem in Pacific island countries.

We all generate waste. Some types of waste, such as organic matter (e.g. plants and leaves), decompose easily and quickly but others do not and remain as they are for many years. There was no word describing waste in the Pacific a long time ago because people utilised the natural resources very well and did not waste them. As artificial materials are produced to make our life more convenient, people tend to forget the importance of saving resources. The idea of mass production and mass consumption contributes to mass disposal of waste.

Materials become waste if nobody wants to use them. There are, however, many things that can be re-used or recycled. Materials you throw away may be valuable to others. People can pick up materials and utilise them before they are disposed of at the dump. In order to do this, we need to segregate the materials and collect them separately from other wastes. Diverting waste from going to the landfill with proper recycling activities can significantly save the life of the landfill.

Waste is sometimes referred to as a mirror that reflects our society. In other words, the degree of civilisation or development can be judged from the amount or quality of wasted materials. If this applies to a small island country in the Pacific, what can we see in the mirror now? What will our grandchildren see in the future? The answers very much depend on the quality of our life and the management of waste.

To forward the clean and safe environment to our future generations, let's think about what we can do now and start working from today on.

CHAPTER 2

LANDFILL AS A RUBBISH BIN

In this chapter, you will understand the difference between an open dump and a sanitary landfill and will learn an important concept of “landfill as a rubbish bin” as the first step.

2.1 What is open dumping?

As you see in the previous chapter, open dumping is a state where loads of rubbish are dumped and left uncontrolled in an open space with such conditions as:

- no soil cover,
- no leachate collection/control,
- no drainage,
- poor access to the tipping area, especially in a wet season,
- open to scavenging,
- uncontrolled open burning.



Photo- 1: Typical Open Dumps in the Pacific Island Countries

Open dumping creates a lot of problems, not only to the surrounding environment but more critically to public health and safety as illustrated below:

No soil cover – It allows for flies, mosquitoes and other vectors to breed, generates unpleasant smells and is a potential fire hazards. There may be a high disease risk for the nearby residents. It also attracts human and animal scavengers to the dumpsite to look for foods and useful materials.

No leachate collection/control – Where there is no proper control of leachate, it sometimes overflows to the plantations or farms downstream and will damage crops. Leachate also seeps into the ground and may pollute the groundwater that is one of the most important sources of drinking water in Pacific islands.

No drainage – Surface water quickly accumulates at lower locations and deteriorates the site conditions. Runoff water damages the road surface as well as slopes if there is no drainage facility. Any surface/runoff water entering the waste deposited area will end up as leachate.

Poor access – When the access road is in poor condition, collection vehicles cannot reach the tipping area and may therefore offload the waste in a disorganised way alongside the access road. This sometimes blocks the road and makes even more difficult for following vehicles to find the proper place to unload the waste. Landfill operation and maintenance will also be hampered by the poor access.

Open to scavenging – Scavenging activities by people and animals to look for foods and valuable materials not only disrupt the landfill operation but are considered very dangerous to the scavengers themselves. In some countries, for example, health-care waste from hospitals and medical institutions is mixed with solid waste and is disposed of at the same dumpsite. Such waste contains needles, syringes and infectious materials and is harmful to the people on site.

Uncontrolled open burning – Exposed rubbish easily catches fire whether this is a deliberate act or not. Uncontrolled open burning is potentially hazardous and dangerous to the surrounding community and the environment as well as landfill workers. Once a fire breaks out, it sometimes requires weeks to extinguish.

Visual impacts – The visual offence caused by open dumping contributes to the NIMBY (Not-In-My-Back-Yard) syndrome and can adversely affect tourism which is one of the most important sources of income for many Pacific islands.

2.2 What is a landfill?

A landfill is like a big rubbish bin.

Imagine a life without a rubbish bin at home.

Let's suppose you live in a small room and generate waste every day.

You most probably will start throwing your rubbish at one of four corners of your room.

If one corner is filled up with rubbish, you will continue throwing the rubbish at the next corner and will go on to the next until all the four corners are filled up.

The rubbish will invade your space and you will be eventually buried in it.

The story above teaches you two important lessons.

One lesson is that you need to reduce rubbish as much as possible so as to save the space of your room. The other is that a rubbish bin must be placed to keep your room clean and neat.

A rubbish bin clearly demarcates inside and outside, retains rubbish horizontally and vertically and is structurally stable. A landfill is of no difference except for its size and location.



Photo- 2: Rubbish Bin and Landfill

2.3 What is a sanitary landfill?

A simple rubbish bin can solve some of the problems of waste disposal, but that is not enough. If you want to make your life safer and cleaner, waste should be properly disposed of and contained safely for a long period of time.

A landfill is the physical facility used for disposing of waste onto or into the land in a controlled manner. A sanitary landfill is a landfill where waste is disposed of without causing a nuisance to the environment and public health and safety.

To upgrade an open dump to a sanitary landfill, you need to consider three important aspects of control. These three aspects are the waste, gas and water, and access. Proper control over these three aspects is a must for establishing and operating your waste disposal facility as a sanitary landfill.

Control over waste – This could be done by establishing a physical boundary just like a rubbish bin. The waste should be safely contained in an orderly fashion. Deposited waste should be covered with soil or other suitable materials to eliminate fly breeding and odour emissions from the waste. The first important thing you need to do is to take control of rubbish and not the other way around.

Control over gas and water – Gases are generated as by-products of the natural decomposition process occurring at a landfill. Such gases include methane (CH₄), carbon dioxide (CO₂), nitrogen (N₂), hydrogen sulphide (H₂S), ammonia (NH₃) etc. Methane and carbon dioxide are the two principal gases generated from the anaerobic decomposition of biodegradable organic waste. Some of these gases may cause fires and/or explosions at landfills. Landfill gases need to be controlled to prevent unwanted movement into the atmosphere so that any accidents can be avoided.

Water control has two targets, one for surface water and the other for leachate. The control of surface and storm water can prevent water from entering the landfill and as a result it contributes to reducing the amount of leachate.

The control of leachate is essential for preventing pollution and protecting groundwater quality since leachate may percolate through the underlying soil. The idea of control over leachate is to collect and drain leachate as quickly as possible from the disposal area and keep it in a retention pond. It is much easier to control leachate when it is confined to one location.

Control over access – The control of access means the securing and proper maintenance of an access road and the restriction of unauthorised entry to a landfill. The access road needs to be constructed and maintained to allow all-weather tipping. This means that the road leading up to the dumping area can be driven on even during a heavy wet season.

Unauthorised entry of vehicles and people may lead to illegal waste dumping, fires and vandalism of landfill facilities. It also allows uncontrolled scavenging at the tipping area. In order to take control of site access, the perimeter of the landfill needs to be fenced or ditched and the gates should be locked after operating hours. Gate control also needs to be established to record all the vehicles and people entering the landfill.

All of the above are requirements for a sanitary landfill, but in reality in the Pacific region there exist only few landfills satisfying these requirements. In the following chapters, you will learn the basic concept of the semi-aerobic sanitary landfill and how to upgrade the existing landfill and its operation.

CHAPTER 3

BASIC CONCEPT OF SEMI-AEROBIC LANDFILL

A semi-aerobic landfill is a landfill where waste goes through a decomposition process in the presence of oxygen. This type of landfilling method has several advantages including reduction in the amount of landfill gas produced and faster stabilisation of the waste landfilled.

In this chapter, you will learn the basic concept of the semi-aerobic landfill system and how it works.

3.1 Aerobic Decomposition

Organic substances in municipal solid waste, such as carbohydrates and fats, are broken down by an aerobic metabolic process into fatty acids and alcohol. This process works in the same way as animals and plants utilise respiration. In addition, after organic nitrogen has been oxidized into ammonia, it is stabilised by being changed into nitrite-nitrogen or nitrate-nitrogen by the action of nitrite-oxidizing bacteria. Aerobic decomposition of solid waste is generally faster than anaerobic decomposition and its end products are simple and non-odorous substances such as carbon dioxide, water and nitric acid. Anaerobic decomposition produces pollutants with high BOD (Biochemical Oxygen Demand) such as fatty acids, inflammable gases such as methane and odorous gases, such as hydrogen sulphide (H₂S), sulphurous oxides (SO_x) and nitrous oxides (NO_x).

A particular type of semi-aerobic landfill was developed as a joint project of Fukuoka City and Fukuoka University. Staff at the university undertook research over three years in the early 1970s which showed that decomposition and therefore stabilisation of waste in a landfill increases when oxygen is present due to a greater level of microbial activity. Additionally, the quality of leachate was improved at a much faster rate, and the generation of methane, hydrogen sulphide and other gases was reduced significantly.

The semi-aerobic landfill method was first tested at Shin-Kamata Landfill with close collaboration between Fukuoka University and Fukuoka City in 1975. After proving its positive effect on the environment, it was officially accepted in Japan as the 'Fukuoka Method' and was adopted as a national standard technology by the Ministry of Health and Welfare.

3.2 Leachate Collection and Supply of Air

Leachate is collected in a leachate collection pond through pipes cut with properly sized holes and laid in graded rocks. As the outlet of the main leachate collection pipe is always open to air, fresh air is drawn into the waste layers. This process introduces an aerobic condition around the pipes. Since leachate is removed as quickly as it forms, the inside waste layers have lower water content. Also as the leachate level is kept low, the chance of groundwater contamination is reduced.

In a semi-aerobic landfill, the leachate collection system consists of a central pipe (main collection pipe) with branch pipes on either side of it laid at a suitable spacing (holes with approximately one inch in diameter are cut into the pipe to allow leachate to enter). The pipes are placed in graded rock (5-15cm in diameter) and laid with a slope to allow collection. The main collection pipe ends in an open leachate collection pond. The pipes are designed and laid so that only one-third of the section is filled with leachate, leaving the rest of the pipe to remaining free for air to flow. At each intersection of the main collection pipe with the branch pipes and at the end of each branch pipe, vertical gas ventilation pipes are installed. Those gas venting pipes with punched holes are enclosed in used drums filled with graded rocks. The heat produced by microbial activity in the semi-aerobic landfill causes the temperature inside the landfill to rise. Convection currents generated by the temperature difference between the landfill and the outside air make it possible for air to enter the waste layers through the main collection pipe (Fukuoka City Environmental Bureau,1999), refer to Figure 1.

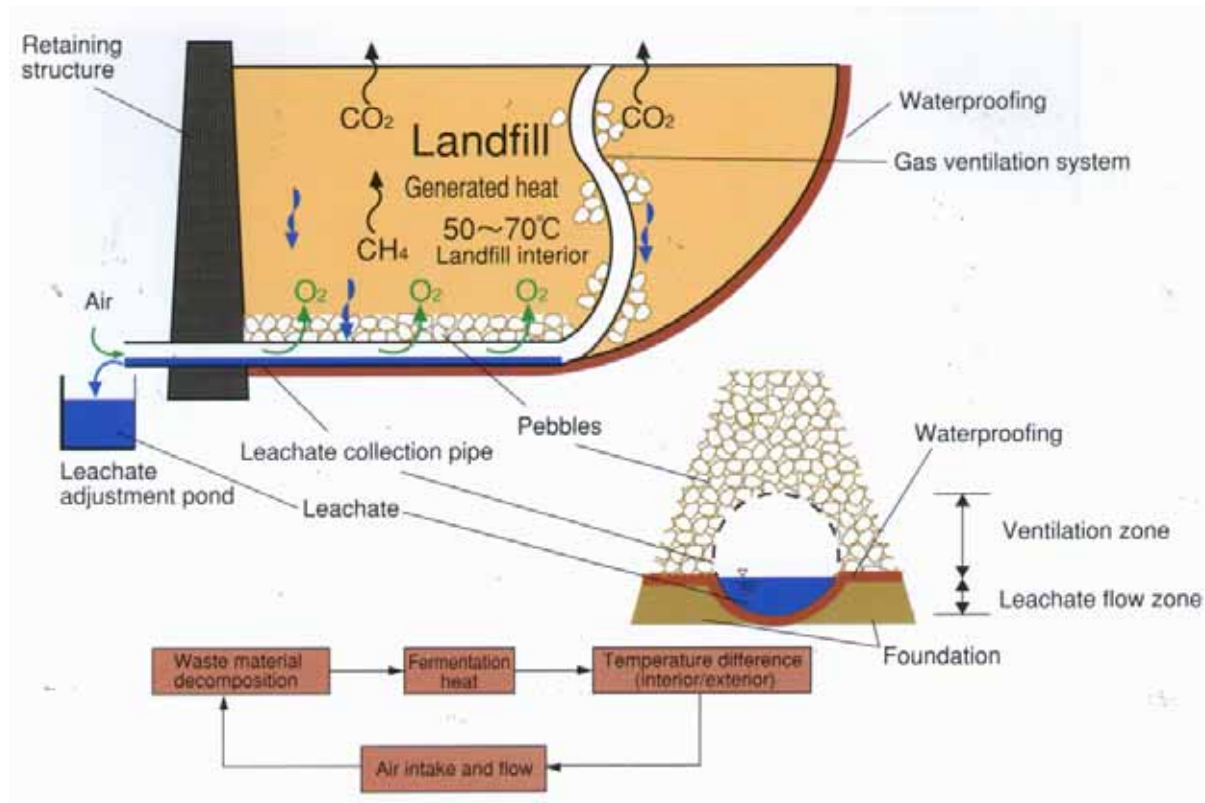


Figure- 1: Diagram of a semi-aerobic landfill
(Reference 1: Fukuoka City Environmental Bureau, 1999)

The leachate collection pipes offer a number of advantages:

- Leachate is drained out as quickly as possible, preventing it from fouling in the waste material and making it easier for fresh air to enter. This assists aerobic conditions in the waste layers.
- By creating aerobic conditions, microbial activity is enhanced and the decomposition of waste is increased.
- By laying the collection pipes in the rocks, the collection pipes are protected from clogging (blockage of the pipes from dirt) and damage during operation.

- d) By quickly draining out the leachate, there is reduced pressure caused by water on the bottom ground/liner, leading to a reduced risk of leachate seepage.

3.3 Leachate Quality

The quality of leachate improves significantly and more rapidly than in anaerobic landfills so that treatment costs for leachate may be markedly reduced, refer Figure 2.

Stabilisation of the landfill is much faster which means that:

- generation of methane is reduced which contributes to the prevention of global warming, and
- settlement of the landfill ceases in a shorter period of time, making it possible to return the completed landfill site to other uses.

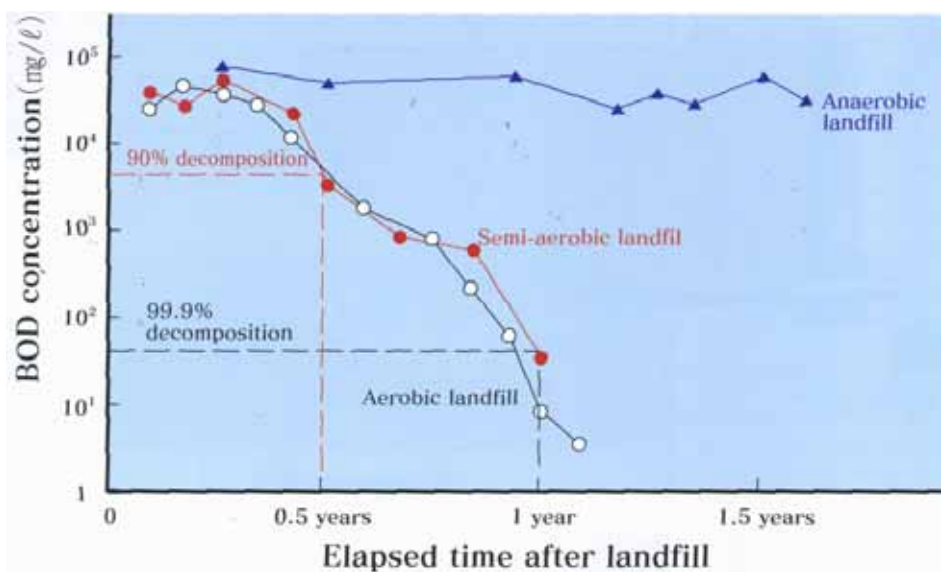


Figure- 2: A comparison of landfill type and change in leachate BOD over time (Reference 1: Fukuoka City Environmental Bureau, 1999)

The overall effectiveness of semi-aerobic landfills depends on the ability to continuously monitor various performance parameters such as quality of leachate (BOD, COD, pH, colour, suspended solid, etc.), gases, settlement, etc.

3.4 Recirculatory Semi-aerobic Landfill

The quality of leachate can be improved through recirculation. The leachate recirculation in semi-aerobic landfills returns leachate to the landfill to quicken the purification (treatment) of the leachate. In aerated landfills, there is a rapid reduction of organic components (i.e. BOD) and a slow reduction in nitrogen components. In recirculating landfills, there is a higher population of nitrifying and denitrifying bacteria to reduce the nitrogen components in the leachate thus reducing the pollutant load. This method is particularly suitable for landfills in developing countries where leachate concentrations are high.

In an anaerobic landfill, the concentration of BOD in leachate becomes as high as several thousand ppm (parts per million) and is very difficult to treat using conventional treatment facilities. By recirculating leachate into the landfill and trickling through the rocks in the vertical gas venting pipes, a combination of biological treatment and coagulation of sediment takes place effectively.

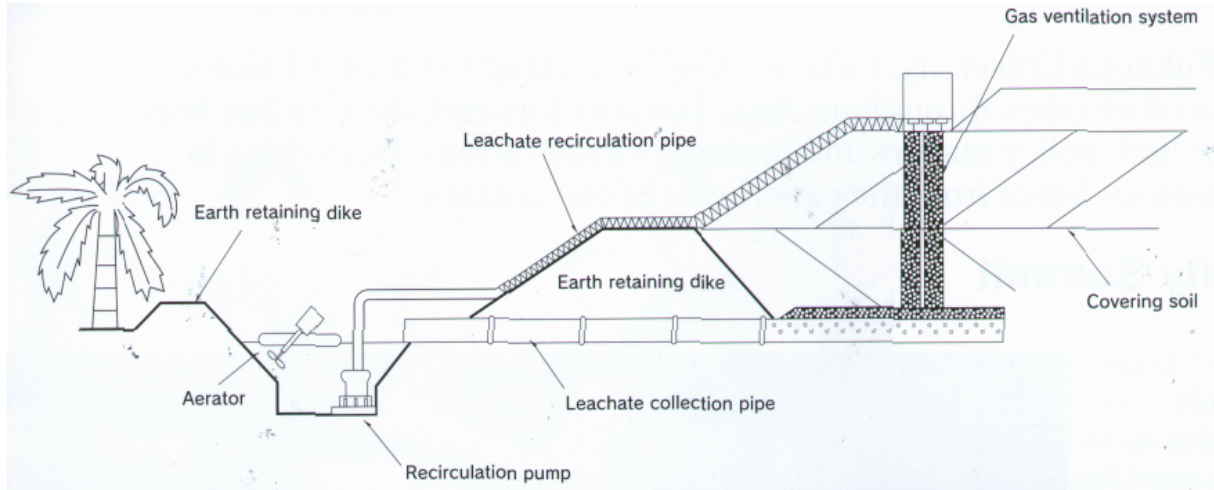


Figure- 3: Diagram of how leachate can be recirculated in a semi-aerobic landfill (Reference 1: Fukuoka City Environmental Bureau, 1999)

To provide further air into the landfill system, other than through the gas ventilation system, the leachate can be aerated. The aeration of leachate is undertaken after leachate has percolated through the landfill and has been collected. An aerator can be situated in the leachate collection pond. This leachate aeration pond may be the source of odour at a landfill site. Figure 4 shows another example of how a semi-aerobic landfill can include a combination of different leachate treatment methods.

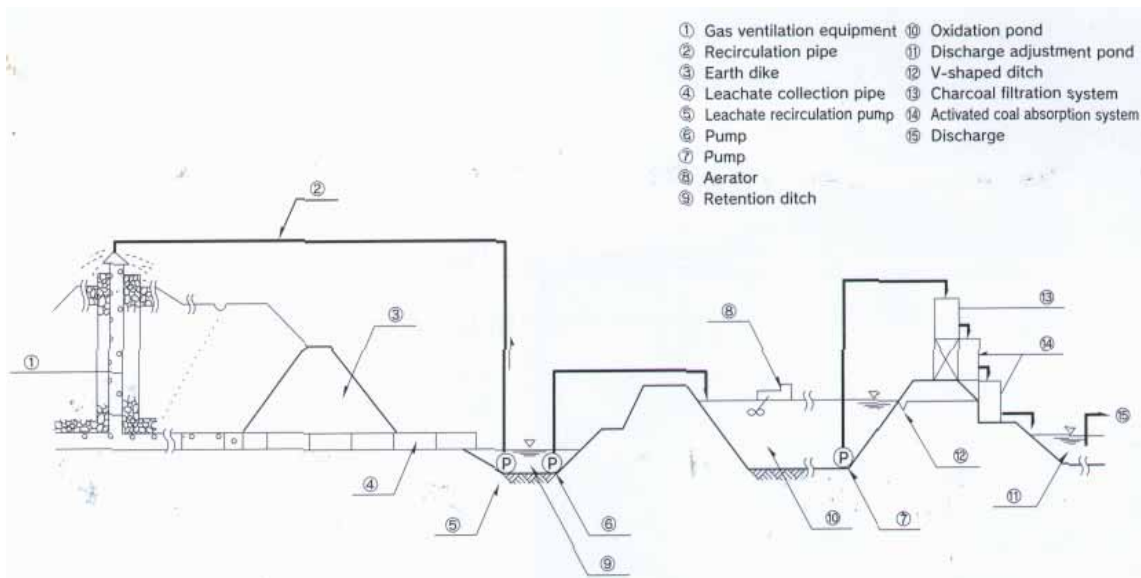


Figure- 4: Schematic of a recirculatory semi-aerobic landfill system at Ampang Jajar, Landfill, Malaysia (Reference 1: Fukuoka City Environmental Bureau, 1999)

In this process, leachate is first recirculated into the landfill and then transferred to the retention ditch (multipurpose oxidation pond) for aeration. The aerated leachate is filtered through activated carbon.

There are ample possibilities to improve leachate quality, employing various methods such as leachate recirculation, aeration at the retention pond, simple coagulation and sedimentation, filtration and absorption, etc.

CHAPTER 4

IMPROVING EXISTING LANDFILL FACILITIES

In a situation that an existing landfill has become an open dump, people generally want to close the facility in order to cover up the mess as soon as possible and aim for a new clean landfill. It is however apparent that the new landfill will soon become another messy open dump. The reason is that the capacity to properly manage a landfill has not yet been increased or developed. Without increasing your ability to manage the existing landfill, you will never be successful in managing the new one, however clean it may be at the beginning.

It is therefore strongly advised that the construction of a new landfill be postponed, even if you have financial resources, until such time you acquire enough knowledge and experience on how to properly manage landfills through the process of upgrading, operating and maintaining your existing landfill.

Upgrading existing waste disposal sites could be a difficult process for the first time. In this chapter, you will learn the process of upgrading your facilities. All sites are different and therefore an individual assessment is required on the problems of your landfill and the level of existing capacity, in order to achieve and sustain proper landfill operation.

4.1 Review and Assessment of Existing Conditions

When you plan to upgrade the existing landfill, the first task you need to do is to investigate the existing conditions of your landfill. Such investigations include, but are not limited to, the following:

- topography in and around the landfill
- geology/hydrogeology of the site
- meteorological data near the site
- existing operation and maintenance from technical and financial aspects
- apparent and latent problems associated with the landfill

To obtain the topography information, a topographical survey needs to be conducted. Topographical drawings allow you to estimate the total area of landfill, the area and volume of existing waste deposits, the area and location of rainwater or surface water accumulation, and the available space for future waste disposal, etc. The drawings are also very useful when you make a plan to improve your landfill facility.

It is recommended, if finances allow, that exploratory bores be drilled at several locations, both upstream and downstream. The purpose of drilling is to investigate the geological/hydrogeological features of the site. The bored holes are also used as monitoring wells to check the quality of groundwater, and to see if any contamination is taken place from the landfill.

Meteorological data such as average precipitation, temperature, and sunlight hours will be used to estimate the amount of leachate generation (and potential evaporation) so that an appropriate volume of the retention pond is determined.



Photo- 3: Site Investigation (Exploratory Boring and Topography Survey)

One of the prime objectives for upgrading the waste disposal facility is to reduce adverse impacts on the surrounding environment and public health. Therefore, you should carefully observe and analyse the existing conditions and operations to identify problems both apparent and latent as shown in Table-1.

Table- 1: Checklist for Health and Environmental Impacts at a Landfill

Problem Areas	Severity of Impact		
	Not Present	Minor	Severe
Fly breeding			
Rodents and vermin			
Offensive odour			
Smoke from open burning			
Contamination of surface water with leachate			
Contamination of groundwater with leachate			
Fire hazard caused by open burning			
Dust from landfill operation			
Noise from landfill operation			
Visual impact			
Human and animal scavenging			

(Adapted from Reference 8: Guides for Municipal Solid Waste Management in Pacific Island Countries, WHO Western Pacific Region, 1996)

Identified problems in Table-1 need to be corrected accordingly. Table-2 shows typical mitigation measures to be taken to reduce the impact of each problem area.

Table- 2: Typical Mitigation Measures

Problem Areas	Mitigation Measures
Fly breeding	<ul style="list-style-type: none"> - Apply soil or other cover - Spray insecticide
Rodents and vermin	<ul style="list-style-type: none"> - Apply soil or other cover - Apply vermicide, rat baits, etc
Offensive odour	<ul style="list-style-type: none"> - Apply soil or other cover - Promote aerobic decomposition
Smoke from open burning	<ul style="list-style-type: none"> - Instruct workers/others not to set fire - Apply soil cover to extinguish
Contamination of surface water with leachate	<ul style="list-style-type: none"> - Divert surface water from the landfill - Control leachate outflow
Contamination of groundwater with leachate	<ul style="list-style-type: none"> - Stop the use of water for drinking and switch to other sources - Leachate collection and treatment - Reduce leachate generation
Fire hazard caused by open burning	<ul style="list-style-type: none"> - Extinguish the fire - Instruct not to set a fire - Apply soil cover
Dust from landfill operation	<ul style="list-style-type: none"> - Apply soil or other cover, compact and sprinkle water - Sprinkle water on the access road - Grow vegetation on the final cover - Provide buffer trees
Noise from landfill operation	<ul style="list-style-type: none"> - Provide buffer trees/walls/bunds - Restrict operating hours for heavy equipment
Visual impact	<ul style="list-style-type: none"> - Provide buffer trees/walls/bunds and apply soil cover - Install enclosure walls around the site - Grow vegetation
Human scavenging	<ul style="list-style-type: none"> - Discourage waste picking by cutting off access - Instruct site workers to control - Apply soil or other cover - Employ or register as landfill helpers
Animal scavenging	<ul style="list-style-type: none"> - Cutting off access by fence, trench, etc. - Instruct site workers to control - Apply soil or other cover

(Adapted from Reference 8: Guides for Municipal Solid Waste Management in Pacific Island Countries, WHO Western Pacific Region, 1996)

According to the severity of the impact, some of the above measures should be taken into consideration in the plan that you will make for upgrading the landfill facility and its operation.

4.2 Planning and Design

The upgrading work requires proper planning and design not to disrupt the daily operation of the landfill. An upgrading plan needs to be drawn up to show the detail of how and where waste will be managed across the site. It should include the following issues:

- the type and quantities of existing waste deposit,
- management and supervision of the site,
- general site layout and access,
- areas to landscape, the proposed final landform and the extent of filling,
- layout of enclosing and divider bunds/embankments
- layout of leachate collection and gas venting facilities
- layout of drainage facilities
- sequencing of upgrading work,
- method of construction,
- sources and quantities of cover material,
- operating hours,
- management of special waste,

Appendix-1 shows a general flow required for upgrading work highlighting the Site Investigation and Planning & Design stages. Once a concrete plan is made, the next step is to estimate the following items and to secure the funding for the upgrading work:

- quantity survey (volume of various work)
- required resources (manpower, materials and construction equipment)
- construction schedule
- construction cost

Depending on the magnitude of the upgrading work, planning/design work may be better undertaken by an experienced consultant or engineer.

If your financial resource is very limited, you can minimize the cost by reducing the scope of upgrading work, such as downsizing the upgrading area, eliminating lower priority work items, downgrading the material specifications or splitting the work into several phases.

You do not have to improve everything at once. In order to sustain the proper operation, incremental improvement or sectional-phased improvement is strongly recommended.

4.3 Access Road

Access to the disposal area is often a problem in most countries in the Pacific region. The access road needs to be suitable to allow all-weather tipping. This means that the road leading up to the dumping area can be driven on, even in times of heavy rain.

There are three parts to the access road. The first one is from the public road to the front gate of the landfill. The second access road is from the front gate to the disposal area. The last access is inside the disposal area to the tipping face.

The first two parts of the access road, one from the public road to the front gate and another that leads to the disposal area, should be considered as permanent. These roads need to be properly graded and compacted and are better paved if funding allows. To keep the access

road in a dry and usable condition as much as possible, proper sectional and longitudinal gradients as well as side ditches have to be provided. The access road must have enough width to allow vehicles to pass each other safely.

The third stage of the access road, inside the disposal area, is considered as temporary. Temporary roads inside the disposal area sometimes are required to be established on the buried waste and need to be shifted from one location to another as the tipping face moves. The construction of a new access road is illustrated in the following photos:



Photo- 4: Clearing



Photo- 5: Grading

Photo-4 shows the clearing of bush areas for the construction of a new access road. Clearing is done employing heavy construction equipment such as bulldozers and backhoes. Rough and preliminary grading of the ground is also done during clearing.

After clearing, grading of the ground is carried out. Grading of the ground is usually done using a grader as seen in Photo-5. If the ground is very soft at some locations, the soil should be replaced with good material that will provide firmer base.



Photo- 6: Compaction & Gravel Paving



Photo- 7: Paved Access Road

Proper compaction is required, as shown in Photo-6, to make the ground strong enough for the passage of heavy equipment.

If funding allows, it is recommended that the access road be paved with gravel (and asphalt). Pavement increases the durability of the access road and reduces the frequency of maintenance. Photo-7 shows the condition after gravel paving.



Photo- 8: Side Ditch with Curb Stone



Photo- 9: Side Ditch with Road Crossing Culvert

Photo- 8 shows the side ditches installed along the access road with curb stones painted in yellow. Side ditches and a road crossing culvert are shown in Photo-9.

The function of access roads is often underestimated, but they are extremely important for proper operation and maintenance, not only of the landfill but for other facilities as well. Access roads should provide secure access to the operational parts of the site at all times.

Since the upgrading work should not hamper the daily landfilling operation, additional access or diversion roads to and from the tipping face may be required during the upgrading work.

4.4 Drainage Facility

The purpose of installing a drainage facility is to reduce the amount of surface water running into and/or over the landfill area. Depending on the topography of the landfill area and its surroundings, rainfall builds up as surface water and may flow into the landfill area. The volume of rainfall and subsequent surface water is usually much higher than the volume of leachate generated within the landfill site. If a substantial amount of surface water goes into the waste disposal area, the amount of leachate will significantly increase and therefore exceed the capacity of the facilities to collect, retain and treat. In order to avoid such situations, it is necessary to separate the surface water and prevent it from entering the waste disposal area. Water is typically diverted by constructing embankments or perimeter drains on the uphill side of the landfill away from the disposal areas. Attention needs to be given to preventing erosion when constructing water diversion works.

The surface water drainage facility can be classified into the following categories

Perimeter drain - The perimeter drain facility collects rainwater from outside areas of the landfill and prevents the surface water from running into the landfill disposal area. The

perimeter drain leads the surface water to a downstream storm water reservoir. The perimeter drain will also collect the surface water from inside the disposal area once the site is filled up and the final soil cover is installed.



Perimeter drains not only divert the surface water from the landfill area, but have another function to prevent animals and unauthorised people from trespassing on the landfill.

Photo- 10: Perimeter Drain Excavation

Landfill surface drain – Landfill surface drains are installed to drain the runoff water from the landfill surface after application of the final cover soil. Surface drains are dug to the required gradient (commonly 1 to 2%) on the fully compacted final cover layer.

The rate of ground settlement is high at the early stage after the site is filled up. Therefore, it is recommended that simple drains such as an open ditch be installed temporarily until the settlement of the ground (final soil cover) comes to an end. Once the settlement is nearly complete, a concrete-based ditch may be constructed as permanent structure.

Upstream diversion channel – Upstream diversion channels are required in cases where the catchment areas of both the landfill site and the outside areas are too large and the capacity of perimeter drains is considered insufficient for the surface water from the surrounding areas.

Photos 11 and 12 show installation of upstream diversion pipes.



Photo- 11: Excavation of Trench



Photo- 12: Diversion Pipe Setting

4.5 Physical Boundary (Waste Retaining Facility)

In general, an open dump has no physical boundary to retain rubbish. A physical boundary is a structure that retains rubbish inside the “rubbish bin.”

The physical boundary can be an embankment/bund, trench, terrace or depression that clearly demarcates the waste disposal site and is structurally stable.

There are basically three methods to establish a physical boundary depending on the conditions at the site. Such methods include the trench method, area method and depression method.

Trench Method - The trench method is most suited where the surrounding ground is quite flat and the water table is reasonably deep. The soil excavated for trenches gives on-site cover soil. To start the process, a portion of the trench or small area is excavated and the soil removed is placed to form an embankment at the end of the trench. The trench itself forms a physical boundary or retaining facility. Wastes are placed in the trench, spread out and compacted. Cover soil used for the day's operation is obtained by excavating another trench next to this filled trench, or continuing the trench that is being filled.

The width and depth of a trench or small fill area should be determined depending on the amount of waste to be disposed of, the available area, level of water table, etc.

Area Method - The area method is most suited when the slope of the land is not suitable for trench excavations. The method is suitable for sites where the land is flat and the water table is high. Embankment/bunds (typically 2-3m high) are constructed around the disposal area to form a physical boundary and to support the waste for compaction. To form embankments/bunds, old decomposed waste can be used for a core covered with soil. In this method, cover material has to be obtained and transported from nearby land or from borrow pits, if surplus soil is not available on site. Old deposited waste or decomposed organic waste can be used for daily and intermediate cover.

Depression Method - The depression method is suited for areas where natural or artificial depressions exist. Examples of depressions include canyons, borrow pits, and quarries that naturally form a physical boundary. Terraces may need to be cut into the ground level to allow wastes to be deposited safely as equipment may not be able to operate in the depression if the slope is too high. In order to reduce the amount of surface water running in to the depression (disposal area), it is strongly recommended that proper drainage be excavated/installed along the surrounding areas.

Depending on the site conditions, you can take one of the above methods to form a physical boundary to retain rubbish inside.

In the area method, enclosing bunds are the physical structure that retains rubbish inside. Divider bunds are installed when you further divide the disposal area into smaller sections so that it will be easier for you to manage landfilling operations.

In order to save soil materials, enclosing and divider bunds are constructed using old waste deposits from the existing landfill that has been decomposed and become like soil. The surface of the bunds is compacted and covered with soil. Structurally it is better to use soil materials for embankments, but with the use of old deposited waste, you can save soil materials significantly. In many countries in the Pacific, soil materials are sometimes scarce or expensive to obtain.

In order to protect the surface from erosion, the top and the outside slope should be vegetated with grass. Photo-13 demonstrates the sequence of construction process at a landfill.



1



2



3



4

Photo- 13: Sequence of Enclosing Bunds Construction

- | | |
|--|--------------------------------------|
| 1. Dozing and mounting old deposited waste | 2. Embanking enclosing bunds |
| 3. Embanking divider bund | 4. Covering enclosing bund with soil |

4.6 Leachate Control Facility

The function of a leachate collection facility is to quickly collect and drain the leachate to a leachate retention pond. It is important to minimise the amount of leachate to be generated and remove it from the waste layers as quickly as possible so that there will be little trapped leachate in the landfill site. This ensures that the water pressure acting on the bottom of the landfill is kept minimal so as to reduce the risk of seepage of leachate into the ground.

In the semi-aerobic landfill system, the leachate collection facility also serves to naturally supply fresh air into the waste layers and subsequently enhances the entire gas venting processes.

The typical leachate collection system consists of a liner at the base of the waste to prevent the leachate from migrating to groundwater, pipes overlaying the liner to collect the leachate and drain the liquid to a retention pond where leachate can be treated or pumped and fed back into the landfill through the vertical gas venting pipes as illustrated in section 3.4.

If a landfill site is unable to treat the leachate then attempts should be focussed on reducing the quantity of leachate generated (through drainage management, refer section 4.4) and the toxicity of contaminants contained within the leachate by diverting hazardous wastes from landfill and by reducing the organic content of the waste by encouraging composting. The layout for leachate collection pipes can be designed considering the topography of the

landfill site and landfilling method as shown in Figure-5.

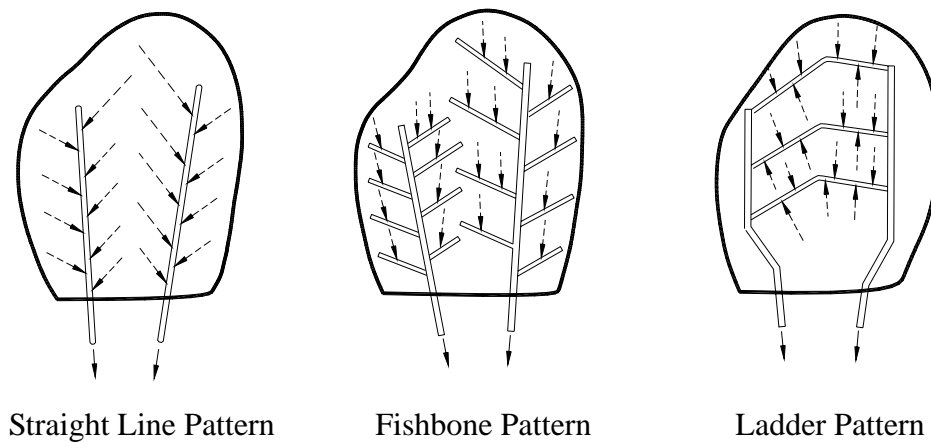


Figure- 5: Layout for Leachate Collection Pipes (plan view)

For the straight line pattern, pipes are laid out linearly and where the disposal area is very wide, several sets of straight pipes can be installed in parallel.

The fishbone pattern is formed by connecting branch pipes to the straight line main pipes. Leachate is collected by the branch pipes and discharged via the main pipes. Several sets of fishbone pipes can be installed at a large landfill site.

Unlike other patterns, the ladder pattern is commonly used on a very flat landfill where it is difficult to have a proper longitudinal gradient.

Generally, perforated concrete pipes or other pipes made of synthetic polymer are commonly used as collection pipes. Perforated concrete pipes are very rigid, while the synthetic polymer pipes are highly flexible. Therefore, the choice shall be made based on a comparison of their respective characteristics and cost together with the landfill site conditions.

The holes for perforation on the collection pipes can be clogged easily without protective gravel if the diameter of holes is small. It is advantageous to place protective gravel around perforated pipes as filter materials.



Photo- 14: Leachate Collection Pipe

Generally, synthetic polymer pipes or centrifugal reinforced concrete pipes are not available in Pacific island countries, and the cost to procure and import those pipes from industrialised countries may be very expensive. In such a case, hand-made concrete pipes with perforations can be fabricated locally using simple steel moulds. The diameter of holes for perforation on the concrete pipes is approximately 1 inch (20~25mm).

Since the function of collection pipes is to secure room for movement of leachate and fresh air as smoothly as possible, concrete pipes could be replaced with any substitute materials, if such materials will do the same function. Substitute materials include bamboo, plastic pipes and used tyres, etc. The Photo-15 demonstrates the application of bamboo for leachate collection pipes. After breaking through all the joints with an iron rod, holes are punched in the bamboo surface similar to that of concrete pipes. Several bamboo canes are bundled to form a larger diameter of pipe that will have enough space for leachate collection and fresh air supply. Bamboo canes are jointed when the length is not enough to cover the area.



Photo- 15: Bamboos as Substitute Material for Pipes

1. Breaking through bamboo joints using an iron rod
2. Drilling holes
3. Jointing bamboo Canes
4. Bundling bamboo Canes

Where the deposited waste layer is shallow, the ground is easily exposed in order to install pipes. The ground needs to be graded with proper gradients so that leachate naturally flows into the pipes.

A typical design of a leachate collection facility is shown in Figure-6. The leachate collection pipes should be covered with a gravel/rock layer that protects the pipes from being damaged by heavy landfill equipment. The gravel/rock layer also prevents leachate pipes from being clogged with the deposit of dirt or other small particles.

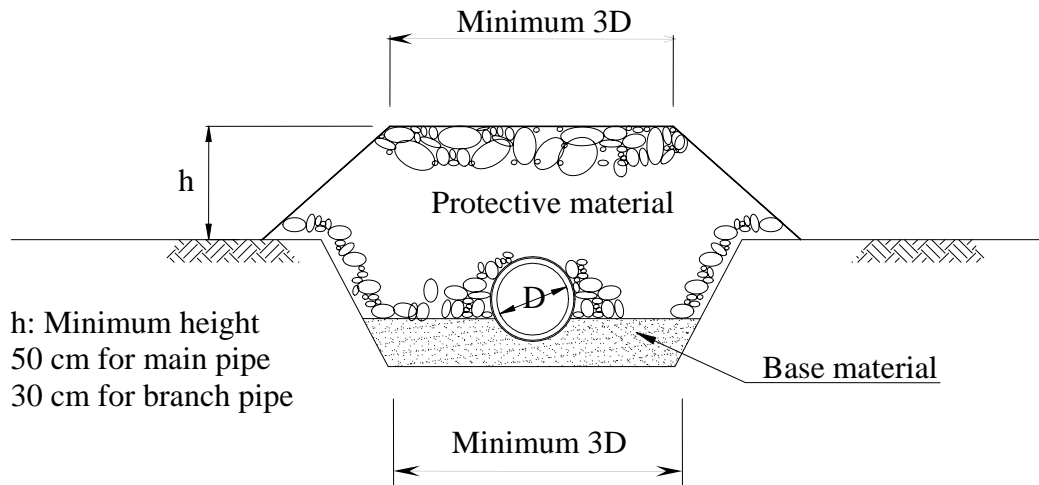


Figure- 6: Typical Design for Collection Facility (Cross Section)

There is no synthetic geomembrane liner shown in Figure-6 to prevent leachate from seeping into the ground, unlike the modern design concept.

The first reason is that the installation of synthetic liners significantly increases the total construction cost. Therefore few countries in the Pacific can afford it.

Secondly, the synthetic liners are easily damaged during the construction and the early stage of landfilling operations without experienced landfill operators. This again many countries in the Pacific cannot afford. The third reason is that it is also technically difficult to install liners in the waste deposited area if the waste layer is deep.

In addition to the reasons above, leachate percolation to the subsurface ground can be minimised by draining out the leachate from the disposal area as quickly as possible.



Photo- 16: Concrete Pipe Setting

Photo-16 demonstrates the installation of concrete pipes (main pipe) to collect leachate in the renewed disposal area where deposited waste has been cleared.

After installing the main collection pipes, the bottom of the trench is cemented to prevent erosion and seepage. (See Photo-17) This work is not a must but is an additional measure to reinforce the facility. Both main and branch pipes then are covered with protective gravel/rock material as shown below. The gravel/rock must be well sifted or screened to have appropriate sizes so that dust, powder or small materials are excluded.



Photo- 17: Installation of Pipes and Protective Gravel Layer

Where the waste layer is very deep, it is not practical or cost effective to remove all the waste deposit in the area in order to install the pipes. In such a situation, trenches need to be excavated with enough width and depth to install the pipes as shown in Photo-18.



Photo- 18: Excavation of Trench at Deep Waste Layer

Excavation for leachate collection pipes should be carefully designed to have a proper longitudinal gradient so that collected leachate will flow naturally to the downstream end of the pipes. Over-excavation at some locations may result in accumulation of leachate and the formation of puddles in the waste layer.

If the bottom of the excavated trench is very soft and cannot withstand the weight of pipes, ground-supporting measures need to be taken.

Where the water table is high, the bottom of the pipes should be above the water table.



Photo- 19: Installation of Leachate Collection Facility at Deep Waste Layer

1. Installation of pipes using a crane
2. & 3. Protective gravel filling using a crane
4. State two months after trenches backfilled with waste and covered with soil

Numbers 1 through 3 in Photo-19 show the installation of pipes and a protective gravel layer using a crane and a large bucket in deep excavated trenches where the waste deposit is thick. Number 4 shows the state of the disposal area two months after the deep trenches were backfilled with waste and the area was covered with soil. Grass has naturally grown on the ground.

There is no nuisance from offensive odour, flies and vermin, or fires once the waste deposit is covered with soil. As shown in Table-2, you can see typical corrective measures. Among other measures proposed in Table-2, even simple soil cover can solve a lot of problems. Therefore, periodic soil cover is a must to keep your landfill in a sanitary condition.

The leachate generated in the disposal area naturally flows into the collection pipe and is led to a leachate retention pond established somewhere downstream. The leachate retention pond is the place where collected leachate is retained and treated. Leachate in the disposal area needs to be drained out as quickly as possible through the collection pipes to the retention pond so that you can control leachate at one place.

Number 1 in Photo-20 shows a leachate retention pond under construction. An excavated pond will be appropriate if the ground is a clay material and expected to have low

permeability. It is better to install a synthetic liner in the retention pond to reduce the risk of leachate seepage into the subsurface ground, if funds allow this.



Photo- 20: Leachate Retention Pond

1. Excavation and compaction 2. Synthetic geomembrane sheet installed

At the leachate retention pond, you can treat leachate employing various methods depending on your budget and available resources. Some of the economical treatment methods are already explained in chapter 3.

Figure-7 shows the layout of a leachate and gas control facility. It also clearly shows the physical boundaries, just like a large rubbish bin.

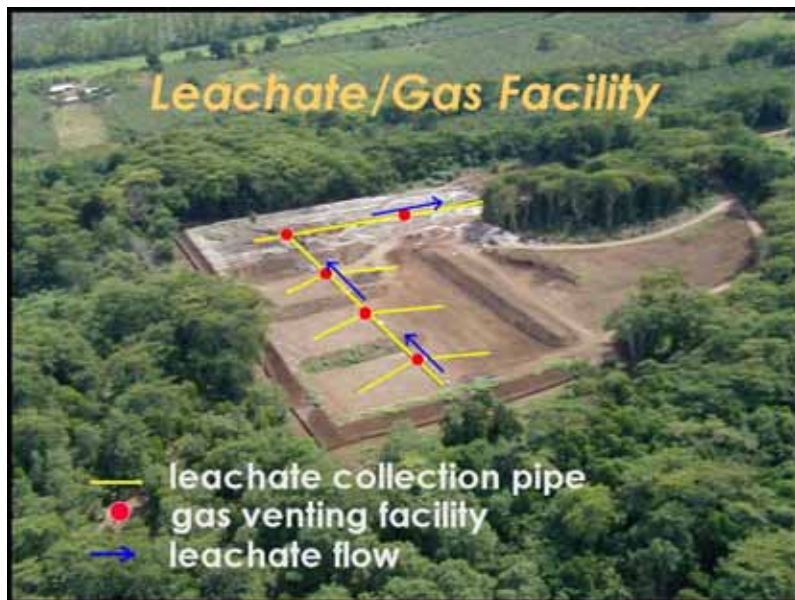


Figure- 7: Leachate and Gas Control Facility at a Landfill

4.7 Gas Venting Facility

The main function of a gas venting facility is to release the gases generated from the landfill layers as soon as possible before they create environmental impacts on surrounding areas. It also accelerates the stabilization process of the landfill under the semi-aerobic system. The gas venting facility needs to be planned and designed to suit these purposes.

Typically, a gas venting facility for a semi-aerobic landfill system consists of horizontal and vertical/inclined gas venting pipes. A vertical gas venting pipe is installed on top of a connection pit. A connection pit is used to connect the main leachate collection pipes and branch pipes. A sample of a connection pit is shown in Photo-21. In this case, the connection pit is made of concrete that is placed in-situ using formwork. Since the function of the connection pit is to connect pipes and secure space for air to move in and out freely, you can form a connection pit using other materials such as cement blocks, bricks, wood, used drums, used tyres, mounds of gravel/rock material, etc. It is not necessarily squared or walled.



Photo- 21: Pipe Connection Pit

Photo-22 demonstrates installation of an in-situ concrete connection pit in deep waste layer. Pipes and connection pits are installed in the excavated trenches.



Photo- 22: Installation (in-situ concrete) of Connection Pit in Deep Waste Layer

Photo-23 shows how a vertical gas venting pipe is installed on the pipe connection pit. The vertical gas venting system consists of gas venting pipes (PVC pipe is used in the Photo), protective casing (used oil drums are used), and gravel-fill between pipes and casing. The connection pit has a wire mesh cover to support the used drums, gas venting pipes and gravel fill between the gas venting pipes and used drums. Both gas venting pipes and used drums are punched with holes to let air and gases move in and out. The spacing of wire mesh needs to be small enough to support the protective gravel/rock material placed over the top.



Photo- 23: Vertical Gas Venting Pipe installed on Pipe Connection Pit

The vertical gas venting pipes (including drums and gravel) are extended upwards as the waste layers are piled up. Photo-24 shows the condition of the extended gas venting facility in the area where waste is already filled up to a certain height.



Photo- 24: Vertical Gas Venting Pipes at Landfilled Area

It is suggested that the surrounding area about 2 m from the vertical gas venting facility be mounded 30 cm higher than other areas so that runoff water does not enter the gas venting facility, taking ground settlement into consideration. Any direct water inflow into the vertical gas venting facility will increase the amount of leachate at the retention pond. It is likely that the immediate area surrounding vertical venting pipes more rapidly decomposes and therefore some settlement is expected.



Photo- 25: Application of Used Materials for Leachate/Gas Control Facility

1. Used oil drum and rocks forming a connection pit on top of the bamboo leachate collection pipes
2. Bamboo used for leachate collection pipes covered with gravel/rock
3. Used tyres (substitute for used oil drums) substitute for protective casing. Small stones are placed between tyres to make spaces for air/gas movement, just like punched holes on used drums.
4. Bamboo (gas venting) pipe installed in the used tyres (as protective casing) filled with gravel in-between

As you can see in Photo-25, used/wasted materials can be utilised to substitute for expensive materials. It is therefore very important for you to understand the functions of each facility

of the landfill. You do not have to apply or stick to advanced engineering designs or specifications. You can choose any designs and materials that will do the same function as required for a specific facility, depending on affordability or availability.

Think always about what the appropriate technology means to you in terms of technical, financial, social and institutional aspects. As you increase your capacity, the appropriate technology will also be upgraded.

4.8 Site Security and Access Control

Site access needs to be controlled to prevent unauthorised intruders and dumping. The front gate needs to be lockable and secure, with enough fencing to prevent unauthorised access. Unauthorised intruders also include scavengers which is a common occurrence at many dumpsites across the South Pacific region. For effective site access, a fence needs to be located around the perimeter of the site, with sufficient height and quality to prevent intruders. The site fence may need to be monitored periodically to identify and repair any holes, that may be cut in the fence, or damage.

Personnel need to be employed so that there is continual site supervision. The responsibility of employed staff is to ensure that there is no unauthorised dumping (discussed in following sections) and to ensure the rules of the dump are adhered to. A gatehouse or shelter for staff will need to be constructed and access to warm water and soap needs to be supplied.

Staff should be trained on how site access is to be controlled and how users should be directed across the waste disposal site.



Photo- 26: Gate house



Photo- 27: Sign Board at the Gate

Restricted tipping hours must be introduced and the hours should only cover across the time that staff are employed on site. The initial introduction of restricted tipping hours may create opposition if the public have enjoyed tipping at any time of the day previously and may cause dumping in other locations across the island. Public education and awareness activities may be required and should focus on anti-littering campaigns.

The community and site users need to be educated on why controls are necessary and the benefits to public health should be promoted.



If the entrance or gatehouse area is some distance away from the disposal area, clear signage to direct users of the site to the designated waste disposal area should be used. Vehicle movement needs to be monitored to ensure that the signage is effective and users are locating the tipping face easily.

Photo-26 illustrates samples of sign boards on the access road, showing directions in both English and local language.

Photo- 26: Sign Boards on the Access Road

CHAPTER 5

IMPROVING LANDFILL OPERATIONS

You have learned in the previous chapters how to improve your landfill facility. Upgrading an existing landfill facility may be a difficult task for you, but a real challenge is whether or not you can sustain the proper operation and maintenance after the landfill facility is upgraded. In this respect, physical upgrading work is relatively easy. You can improve the facility overnight. However, you have to continue the operation at the landfill for many years in a sound and controlled manner.

Landfilling work includes the methods of landfilling, spreading and compaction, cover requirements and access roads. These items must be considered carefully before undertaking landfilling work as there is a close relationship between them.

In order to sustain proper operation and maintenance of the landfill, it is required to develop an operation & maintenance plan. In the majority of landfill sites across the Pacific, either national or municipal government will be responsible for the management and operation of the landfill. Due to this, the relevant government agency should take ownership of the operation and maintenance plan at an early stage and be very familiar with its contents. It will be more beneficial if as much of the operating and management practices are developed by the responsible body.



Photo- 27: Improved Operation (right) as Compared to Previous Operation (left)

5.1 Landfill Method

Staff need to be employed to supervise dumping in the disposal area. The staff at the tipping face should ensure that users are not dumping in other areas across the site and only in the designated disposal area. On small dumpsites the responsibility for site access at the entrance, and supervision of dumping, may be more practically undertaken by the same staff member. This is only feasible if the entrance and the tipping face are within a short walking distance.

The disposal area should be kept as small as possible and clearly defined. The area can be defined with the use of soil bunds or excavated trenches.

5.2 Cell Construction

A cell is a unit of landfilled space or area including cover material that is developed during one operating period. Ideally one operating period is one day, but in reality in the Pacific islands, it varies from several days, a week, or even a month, depending on the availability of landfill equipment and cover materials.

Sandwich Method - Waste is placed horizontally in layers for the sandwich method and is useful for filling in narrow valleys.

Cell Method - An amount of solid waste is covered with soil in cells. This method is the most popular method of filling. The amount of solid waste deposited during one operating period (usually one day) determines the size of each cell. As each cell is an independent filling area covered with soil, each cell acts as a firewall.

Dumping Method - This method involves rubbish trucks to simply dump solid waste into the landfill site. As the solid waste is not compacted, the landfill base is weak and negative impacts such as bad odour and harmful vectors may develop. Due to these problems it is not recommended for a method of landfilling.

5.3 Order of Landfilling

Landfilling on a waste site can be either of two ways: landfill from uphill down, or, landfill from downhill up.

Landfilling from uphill downwards allows easy access to the tipping face via the already landfilled area. However, slipping of the landfilled layer may occur if the landfilled slope is steep, and especially during periods of heavy rain. In contrast, landfilling from downhill upwards gives reduced access to the tipping face but reduced risks of slippage.

5.4 Spreading and Compaction

Method - Spreading and compaction can be performed two ways, pushing down or pushing up the slope by the compaction equipment (bulldozer, loader, and landfill compactor). It is easier to push solid waste into a uniform thickness if spreading uphill and better compaction is achieved. If pushing solid waste down the slope, the waste at the base of the slope tends to be thicker.

The spreading and compaction of the waste has a direct influence over the capacity and stabilisation of the landfill. If low compaction is achieved the landfill site will last a shorter period of time than that if high compaction is attained.

When pushing solid waste, waste should be spread thinly out in layers of about 30 to 50cm. The layer should be made as uniform as possible. Between each layer, the compacting equipment needs to make regular passes over the waste layer. The layers should make a lift

of about 2 metres with a maximum of 3 metres. A slope gradient of 3:1 (about 20 degrees) is recommended for pushing up (compacting) the slope.

Landfill Equipment - Landfill equipment should be carefully selected to suit the conditions for your landfill. A number of factors need to be considered. Such factors include type of waste, amount of daily incoming waste, site characteristics, weather conditions throughout the year, etc.

Typical problems with landfill equipment include breakdown from wear and tear, entanglement of wires or metal pieces caught in moving parts, loss of hydraulic pressure, or clogging of the radiator mesh due to dust and dirt. Therefore it is important that a regular service schedule for preventive maintenance for the equipment be followed.

The activities that require the use of heavy earthmoving equipment include:

1. grading and maintaining site access roads,
2. excavation of disposal areas,
3. excavation of soil for cover, and,
4. spreading, compacting and covering the deposited waste.

Table- 3: Features of Landfill Equipment

Equipment	Advantages	Disadvantages
Bulldozer	-effective spreading and transporting waste - effective covering of waste with soil	- ineffective at excavating soil - ineffective in compacting waste
Multipurpose Loader/Excavator	- can undertake most tasks (excavation, soil application, waste handling)	- ineffective compaction achieved - ineffective in excavating some soils (i.e. hard clay)
Steel wheeled loaders	- effective at compacting rubbish	- ineffective at excavation - ineffective at maintaining access roads
Landfill compactors	- effective at compacting rubbish	- ineffective at excavation - ineffective at maintaining access roads - very expensive
Graders	- effective at constructing and maintaining site access roads	- ineffective for other waste spreading, transport movements.

The equipment that can be used to undertake these activities includes a bulldozer, multipurpose utility loader, steel wheeled loader, landfill compactor, rubber tyred loader, grader, backhoe etc. Refer to Table 3 for details of how landfill equipment can be used.

It is necessary when considering equipment to ensure:

- 1) that maintenance parts and servicing are available,
- 2) operators can effectively use the equipment,

3) compaction rates are considered (which will affect the landfill life).

Equipment should be shared as much as possible with other government departments to reduce the amount of machinery required in country.

A storage shed should also be included so that maintenance for the equipment can be located on site.



Photo- 28: Equipment used for Landfills

1. Bulldozer
2. Motor Grader
3. Excavator/backhoe

In the Pacific island countries in the past, donors provided many different types of equipment following their own convenience. Since standardisation of equipment is very important for the ease of operation and maintenance, the recipient country is better to discuss the type of equipment to be provided in advance of any agreement.

5.5 Working (Tipping) Face

The working face of a landfill should be kept as small as possible. The advantages of maintaining a small face include less litter as there is less waste exposed to the wind, better control of scavengers, less leachate generation as there is less rainwater entry and, covering and compacting waste can be undertaken more efficiently. A large landfill should not extend its tipping face any greater than 30m by 50m, whilst smaller operations should aim for a 20m by 20m area.

During the wet season in Pacific island countries efforts should be taken to minimise the tipping face size as much as possible. The working face can be increased during the dry season to a wider area.

5.6 Cover Material and Disposal Operation

Necessity of Cover Material - To maintain sanitary conditions the waste needs to be covered on a regular basis. The frequency of covering will be dependant on a number of factors, such as weather conditions, type of waste being landfilled, or availability of landfill equipment and cover materials.

Covering at small landfill sites can be done manually, but at larger sites, equipment will need to be obtained to undertake spreading, compaction and covering of the deposited waste.

Cover material needs to be identified and sourced, preferably on-site, or else from a borrow pit nearby. Cover material ideally should consist of inert, non-combustible, dry and dense material. Once the material has been spread and compacted over the waste, then it should prevent pests and vermin from accessing the waste, minimise rainwater infiltration, prevent litter migration and provide a stable platform for tipping vehicles. The placement of soil over solid waste also reduces the fire risk and the covered waste becomes an effective firewall.

Suitable cover material could include soil, sand, crushed rock, crushed coral rock, ash, decomposed waste from another part of the site, demolition waste, sawdust and garden waste. The thickness of the cover material should be approximately 200mm above the waste. When covering, a balance should be achieved between ensuring that most of the waste has an adequate cover and placing too much material on, thereby reducing the volume of landfill unnecessarily.

Type of Cover Soil - There are three purposes of cover soil: daily, intermediate or final cover soil. Daily cover soil as the name suggests is laid after each days waste has been dumped and compacted. The best quality soil should be reserved for intermediate and final cover soil requirements. Intermediate cover soil is laid for the base for roads or over daily cover areas where landfilling will not be occurring for an extended period of time and it is important that rainfall infiltration is prevented. Final cover soil is the soil placed on the top of the landfill when the final wastes are placed in the landfill unit. Final cover soil should be of good quality and preferably clay to form an effective barrier against rainfall.

Selection of Cover Soil - Cover soil can be classified as sand, silt or clay and the permeability differs depending on the soil type. Permeable and porous sand types should be used for daily and intermediate cover for ease of spreading and compaction and to assist with waste decomposition at semi-aerobic landfills.

The final cover soil needs to resist erosion by rainfall, be low permeability and suitable for sustaining plant growth. The final cover is usually clay topped for these reasons.

Thickness of Cover Soil - The type of waste will determine the amount of daily cover soil that should be used. General municipal waste should be covered with about 200mm of cover soil, whilst very odorous waste (i.e. dead animals) should be covered with more thickness. When impermeable soils such as clay are used, the daily cover should be as thin as possible. Thicker requirements are needed for intermediate cover, approximately 500mm.

When completing the landfill, it is recommended that a minimum thickness of 500mm be placed for the final cover, if small plants and bushes are being planted afterwards. When larger trees are planned for landscaping, more than one metre will be required.

Maintenance of Final Cover - The cover soil must be compacted uniformly to form a low permeability barrier across the top and slopes of the landfill. Care must be taken to prevent the cover being eroded by rain water. The top of the cover should have a slope of 2-3% so that rainfall does not pond, and the side slopes should have a gradient of 20-30 degrees.

Waste decomposes over time, causing settlement of the landfill and subsidence. This subsidence can cause cracking and sinking of the cover, as well as the formation of potholes. This can result in leachate volume increases, gas leakage, erosion of the cover soil and landslips. During the following years after installation of the final cover, it should be inspected regularly for defects. Any areas of settlement should be filled in and repaired. At large and deep landfills, settlement can occur for up to 30 years after closure.

5.7 Leachate Management

Leachate management includes collection, removal, treatment, disposal and monitoring of leachate generated in the landfill. A programme to regularly inspect and monitor leachate management needs to be developed and implemented.

Leachate should be treated to the extent that does not pose a health hazard, before it is discharged to public water such as streams, rivers, wetlands or the ocean. Normally, leachate treatment is a very costly exercise employing sophisticated systems in the industrialised countries since leachate contains various chemicals and heavy metals in those countries. Most leachates from landfills in the Pacific island countries, however, do not contain hazardous chemicals or heavy metals and are basically derived from organic matter. Therefore simple and economical treatment methods indicated in chapter 3 will work well.

The quality of leachate should be tested periodically to see if there is any significant change in quality over time. Monitoring leachate quality also keeps you informed of the effectiveness of the treatment operation.

The water level at the leachate retention pond needs to be monitored to ensure it is kept below the outlet of the collection pipe so that fresh air is naturally provided into the pipe at all times.

5.8 Maintenance of Facilities

In order to keep proper operations, landfill facilities must be regularly inspected and maintained in a good condition. Facilities to be maintained include access roads, landfill slopes, drainage, and leachate collection and the gas venting facility.

Access Roads - Access roads at landfills usually have a short lifespan. There are two types of roads which should be considered, trunk roads and branch access roads. The trunk roads are those roads that exist on site for a number of years, while the branch access roads to the tipping face will usually only be used for a matter of months.

The road should be designed according to the size of vehicle and their speed, and geography of the land. Other considerations include safety measures such as guard rails to prevent traffic from falling down steep slopes that inevitably exist at many landfill sites and also reinforcements to prevent slippage from slope failure. Diversion of water should be considered carefully across the whole site and drainage around the road network is also important.

Construction of Slope - The landfill slope is formed from the deposited waste and the exterior soil placed around the outside. It is the slope which the final form of the landfill will

take and should be carefully considered as it may restrict the final usage of the site if not chosen wisely. The slope should fit in with the terrain in the area and soil characteristics of the landfill site.

The earth bund is the final soil cover on a landfilled slope. Progressively building the bund as the landfill progresses is the ideal method of construction. Therefore as each layer of the landfill is placed (approximately 2 to 3 metres high), the next layer of the bund should be constructed. When the new bund is built on the underlying landfill layers, a minimum setback of 1~2 m is recommended for every lift of 2~3 m. Even at a large landfill site, one lift should not exceed 5 m.

As the landfill slope is usually built on a landfill layer, the stability of the slope is greatly dependent on the compaction and stability of the underlying landfill layers. Consult with engineers if you plan to install more than 3 lifts or 6 m high.

Erosion and Drainage – Since the landfill slope is easily eroded, it is important that preventive measures be taken. Preventive measures against rainfall erosion include planting of the slope with plants and grasses.

The installation of a drainage system is the most effective method of preventing erosion. Rainwater should be collected and diverted from steep areas and not allowed to pond and seep into the landfill to form leachate. Sometimes springs can form on the side of a landfill slope. These leakages of liquid must also be collected as leachate. Crushed stones can be laid on the inside of a landfill slope to act as a drainage layer and keep the liquid within the landfill for collection by the leachate collection system. This drainage layer is most suited if a leachate collection system has been installed in the landfill.

Leachate Collection and Gas venting Pipes - As the landfilling operation progresses, the leachate collection facility and gas venting facility need to be extended or newly installed. Any damage or defects experienced during landfill operation should be repaired so that designed functions will be restored. Special care must be taken not to damage these facilities during landfilling operation.

5.9 Environmental Management

Landfills are sometimes referred to as a typical NIMBY facility. The reason for that is people suffer many nuisances caused by the landfills. Appropriate measures can minimise the nuisances as illustrated below:

Odour - Odour is sometimes very difficult to manage at a landfill site. All sites will generate odour to some extent and it will generally be worse in wet, hot weather. Some measures which can be taken include:

- immediate covering of highly odorous waste,
- regular covering of waste,
- ensure the tipping face does not pond water
- encourage residents to store waste in a dry condition (so that when waste reaches the landfill it is not as odorous),
- maintain buffer zones around the landfill site (to minimise impacts on neighbouring sites).

Dust - Dust control measures at a landfill site typically include wetting down of dirt roads with a water truck. Regular rounds of the roads will need to be made by the water truck, particularly in periods of very dry weather. Water can be sourced from on-site surfacewater ponds or basins.

Fire and Smoke - Fires should be minimised at landfill sites as burning rubbish can generate poisonous gases and be an environmental and health risk. The type of control measures typically considered includes:

- spreading out and dosing with water as soon as possible after any fires break out,
- regular covering of waste to minimise risk of fires,
- developing a fire management plan including maintenance of an effective fire break around the perimeter of the site, and,
- developing emergency procedures for minor and major fires.

Noise - Noise control can include the restriction of opening hours to certain times. Noise barriers can be constructed, either soil berms or maintaining a buffer zone with trees.

Surface Water Quality - Landfill sites typically have a lot of exposed surfaces in which stormwater can become a significant source of sedimentation. A sedimentation basin or other soil erosion and sediment control measures may be useful so that water can be collected and sediments be allowed to settle from the water prior to discharge from the site. Any measures constructed will need regular maintenance, particular after heavy rainfalls.

Stormwater that has travelled across the site may become contaminated. If surface waters are contaminated, they may need to be directed for treatment along with the leachate (if a leachate treatment process is in place).

Visual Impact - The visual improvement of a landfill site can contribute to reducing the NIMBY syndrome against rubbish dumps. Effort should be made to try to keep waste from view of the public employing such measures as building a buffer zone with trees, constructing bunds, installing wooden or galvanised walls or fences, etc. This can reduce some of the potential impacts of landfill operations such as noise, dust and odour. Even simple regular covering of soil over rubbish can significantly reduce the eyesore potential.

Public Health and Environmental Monitoring - Public health and environmental monitoring can provide an indication of the severity of impacts at the waste disposal site and how effective control measures are in reducing the impacts.

Monitoring the aquifer(s) below a landfill site will provide an indication of how effective the leachate collection system is operating. Groundwater wells should be installed upstream and downstream of the landfill so that regional concentrations (background values) can be monitored and compared to downstream values. Groundwater monitoring is quite expensive so the wells should be chosen with care and for optimum benefit.

Groundwater and surface water quality should be monitored on a quarterly (every 3 months) or bi-annual (every 6 months) frequency. It is important to account for seasonal variations in the groundwater monitoring program.

Gas monitoring will need to be conducted where there is the potential of gas to accumulate in high concentrations, such as the outlets of gas venting pipes.

There also needs to be a mechanism for reporting and responding to complaints and problem monitoring results. Results should be reported on a regular basis to the responsible body so that decisions can be made to minimise and manage any outstanding issues.

CHAPTER 6

SUMMARY

6.1 Lessons Learned from the Previous Chapters

The following are summaries of the information contained in the previous chapters, to try and ensure you fully understand and so that you will always be able to find a better solution to cope with problems in the future.

Chapter 1: Introduction

1. Solid waste is causing negative impacts on national development and is jeopardising the image of 'Pacific Paradise.'
2. Pacific features make management of solid waste more difficult.
3. Open dumping is a sign of poor management capacity.

Chapter 2: Landfill as a Rubbish Bin

1. Open dumping poses environmental and health risks to the public.
2. Landfill is like a big rubbish bin to retain waste inside in a safe and clean manner.
3. Sanitary landfill requires three major aspects of control; waste, gas and water, and access.

Chapter 3: Basic Concept of Semi-aerobic Landfill

1. Aerobic decomposition is much faster and more environmentally friendly than anaerobic decomposition.
2. The semi-aerobic landfill system is known as the 'Fukuoka Method' that naturally promotes aerobic decomposition of waste in a landfill.
3. The leachate collection facility in a semi-aerobic landfill system has two functions; collection of leachate and supply of fresh air through the pipes.
4. Leachate is further treated by simple and economical methods such as recirculation, aeration, filtration, etc.

Chapter 4: Improving Existing Landfill Facilities

1. Securing access to and from the tipping area throughout the year is crucial.
2. The physical boundary is a structure that retains rubbish inside the "rubbish bin" and can be an embankment/bund, trench, terrace or depression to clearly demarcate the waste disposal site.
3. Depending on your finances, you can apply less expensive designs or materials (appropriate technology) that will do the same function as required.
4. Appropriate technology will be upgraded accordingly as your capacity develops and increases.

Chapter 5: Improving Landfill Operations

1. The real challenge for you is whether or not you can sustain proper operation and maintenance after the upgrading of landfill facilities.
2. Simple regular soil covering can solve most problems associated with open dumping.
3. Improving visual impact significantly contributes to reducing NIMBY syndrome as well as promoting understanding of the public.
4. Public health and environmental monitoring can provide an indication of your increased capacity to manage the landfill.

6.2 Key to Successful 'Solid' Waste Management

Behavioural Change – from NATO to ABT

Professor Yasushi Matsufuji at Fukuoka University sometimes refers to special acronyms; NATO and ABT. NATO stands for “No Action, Talking Only,” while ABT stands for “Action Before Talking” that emphasises the importance of taking actions. Excessive studies, meetings and discussions are very common in the Pacific islands (and many other countries) to come up with “strategies, action plans, recommendations, suggestions,” or whatever you name it. Those plans, however, have rarely been implemented. Even if they are very attractive or looked perfect, they will be forever an excellent strategy or plan stacked on the desk unless they are implemented. You have enough numbers of plans and reports on what should be done to improve your waste management. What you really need is to take one step forward to implement a plan that is within your control. You must be action-oriented.

Incremental Improvement and Appropriate Technology

Most of the plans recommended or suggested by consultants are far beyond your capacity in terms of finances and technology. In other words, they are unrealistic or impractical. You should always bear in mind what an appropriate technology means to you. That is a technology suitable for sustaining the operation for a particular country, municipality, organisation or community, judging primarily from financial and technical considerations.

Appropriate technology does not necessarily mean advanced or sophisticated technology and it differs from one country to another depending on the level of capacity of the individual country. Capacity includes technical, financial, social and institutional aspects and will increase as the country develops. Therefore an appropriate technology for you will be upgraded accordingly as your capacity increases. You should improve or increase your capacity step by step.

Capacity Building rather than Facility Building

People always dream for a brand new facility and equipment and ask donors to provide it. As is often the case with solid waste management in the Pacific island countries, the government tries to close the messy open dump and construct a new disposal site. Even if you open a new clean landfill, you will be surprised to see how soon the new landfill becomes another messy open dump. Without increasing your ability to manage the existing

landfill, you will never be successful in managing the new one. It is therefore strongly advised that capacity building/development be much more important than facility building. You should first acquire enough knowledge and experience on how to properly manage landfills through the process of upgrading, operating and maintaining the existing landfill.

Now it is your turn to work out. Good luck to you.

GLOSSARY OF TERMS

Aeration (aerator)

Mechanical equipment that has a spinning facility which adds air (oxygen) to the water.

Aerobic

A biochemical process or environmental condition occurring in the presence of oxygen.

Aerobic decomposition

The natural breakdown of organic matter requiring oxygen and water.

Anaerobic

A biochemical process or environmental condition occurring in the absence of oxygen.

Anaerobic decomposition

The natural breakdown of organic matter requiring water but not oxygen.

Appropriate technology

A technology that is suitable for sustaining the operation for a particular country, municipality, organisation or community, judging primarily from financial and technical considerations. Appropriate technology does not necessarily mean advanced or sophisticated technology and differs from one country to another depending on the level of capacity of the individual country. Capacity includes technical, financial, social and institutional aspects and will increase as the country develops.

Biodegradable material

An organic material that can be broken down or converted to simpler, more stable compounds by microorganisms. Most organic wastes such as foods and paper are biodegradable.

BOD

Acronym for “Biochemical Oxygen Demand” that refers to the content of biodegradable organic matter in water, expressed as the amount of oxygen required by the micro-organisms for carrying out the degradation process during a specified period of time, usually 5 days. It is an indirect measure of the amount of organic matter present in water. This parameter is used primarily to estimate the organic content, and thus the potential level of pollution, in natural water and wastewater.

Buffer zone

A neutral area established between a landfill and neighbouring community that minimises and mitigates the impact of problems from the landfill such as odour, vectors, smoke, eyesore, etc.

Cell

A basic unit by which a landfill is developed during one operating period. It is the general area/space where incoming waste is disposed, spread, compacted, and covered with soil.

COD

Acronym for “Chemical Oxygen Demand” that refers to the equivalent amount of oxygen required to oxidise organic and inorganic substances in water treated with oxidant chemicals.

Compactor

Any power-driven mechanical equipment designed to compress and thereby reduce the volume of waste.

Composting

The controlled biological decomposition of organic matter under aerobic conditions. Composting has a variety of methods including windrows, static piles and enclosed containers.

Decomposition

The breakdown of organic matters by bacterial, chemical, or thermal means.

Denitrification

The anoxic biological conversion of nitrate to nitrogen gas. It occurs naturally in surface waters low in oxygen and can be engineered in wastewater treatment systems.

Disposal

The final handling of solid waste, following collection, intermediate processing, or incineration. Disposal most often means placement of wastes in a dump or a landfill.

Diversion rate

The proportion of waste material diverted for recycling, composting, or reuse and away from landfilling or incineration.

Fukuoka Method

A particular type of semi-aerobic landfill system developed as a joint effort by Fukuoka City and Fukuoka University. It utilises natural decomposition processes under aerobic conditions so that greater microbial activity is promoted and therefore faster stabilization of waste is obtained.

Hydraulic conductivity

A measurement of how fast water can pass through the pores of soil. If the number is large, it is likely that leachate easily seep into the ground and may contaminate the groundwater. (See also permeability)

Hydrogen sulphide (H₂S)

A flammable, highly poisonous gas having an unpleasant odour that is produced from the reduction of sulphates in a sulphur containing organic material.

Landfill

A term used for a waste disposal area that has environmental controls, in contrast to the term 'dump' which has no controls. Landfills are areas designed to contain waste. In most industrialised countries, the specifications by which a landfill is built will vary based on the type of waste to accept, and in accordance with the laws and regulations of the specific country.

Landfill Gas

By-product of the natural decomposition process occurring at a landfill, including methane (CH₄), carbon dioxide (CO₂), nitrogen (N₂), hydrogen sulphide (H₂S), ammonia (NH₃) etc. Some of these gases may cause fires and explosions at landfills.

Leachate

Liquid that has drained through the solid waste in the landfill. Sources of leachate may be precipitation, surface water runoff and the moisture squeezed from the waste. Leachate contains a variety of pollutants including organic pollutants and heavy metals. Since leachate may include potentially harmful materials, leachate can contaminate both groundwater and surface water.

Leachate pond

A pond or tank constructed at a landfill to receive the leachate from the area. Usually the pond is designed to provide some treatment of the leachate, by allowing settlement of solids or by aeration to promote biological processes.

Liner

A protective layer, made of soil and/or synthetic materials, installed along the bottom and sides of a landfill to prevent or reduce the flow of leachate into the environment.

Manual landfill

A landfill in which most operations are carried out without the use of mechanized equipment.

Metabolic

The chemical processes occurring within a living cell or organism that are necessary for the maintenance of life.

Methane (CH₄)

An odorless, colorless, flammable, explosive gas that can be produced by anaerobic decomposition of solid waste at landfills.

Municipal solid waste

All solid waste, except industrial and agricultural wastes, generated from residential households, commercial and business establishments, institutional facilities and municipal services. Municipal solid waste may include construction and demolition debris and other special wastes that may enter the municipal waste stream. Generally excludes hazardous wastes.

NIMBY

Acronym for “Not in My Backyard” to express opposition of residents to siting a waste facility close to their homes.

Nitrification

The biological oxidation of ammonia and ammonium sequentially to nitrite and then nitrate. It occurs naturally in surface waters, and can be engineered in wastewater treatment systems. The purpose of nitrification in wastewater treatment systems is a reduction in the oxygen demand resulting from the ammonia.

Open dump

An unplanned state of landfill, typically with no leachate control, no access control, no soil cover, no management, uncontrolled open burning and many waste pickers.

Organic waste

Waste containing carbon, including paper, plastics, wood, food wastes, and yard wastes. In practice in MSWM, the term is often used in a more restricted sense to mean material that is more directly derived from plant or animal sources, and which can generally be decomposed by microorganisms.

Oxidation

The addition of oxygen, removal of hydrogen, or the removal of electrons from an element or compound.

Permeability

A measure of how well water moves through soil. It is typically expressed as centimeters per second.

pH

An expression of the intensity of the alkaline or acidic strength of water. Values range from 0-14, where 0 is most acid, 14 most alkaline, and 7 neutral.

Pollutant

Any substance that contaminates soil, water, or the atmosphere.

Putrescible waste

Any organic matter that can become rotten and decay subject to biological and chemical decomposition.

Runoff

The water that flows overland to lakes or streams during and shortly after a precipitation event.

Sanitary landfill

An engineered method of disposing solid waste on land in a manner that protects human health and the environment. Standard specifications include sound siting, extensive site preparation, proper leachate and gas management and monitoring, compaction, daily and final cover, complete access control, and record-keeping.

In this book, however, a sanitary landfill does not necessarily mean an engineered or technically advanced waste disposal facility.

Scavenging

Uncontrolled separation or removal of recyclable and reusable materials. Material scavenging may take place at landfills, the curb sides or transfer stations. Animal scavenging is also common at most open dumps.

Scavenger

A person who illegally removes materials, typically from a landfill. Also referred to as a waste-picker.

Semi-aerobic

Only partially aerobic i.e. some of the processes occurring will be in the presence of oxygen.

Settlement

The volume decrease and compaction of waste layers in a landfill experienced during organic waste decomposition. Settlement takes place over many years after waste is deposited.

Special wastes

Wastes that are considered to be outside the scope of municipal solid waste, but must often be dealt with by municipal authorities. Special wastes include household hazardous waste, medical/health-care waste, construction and demolition debris, debris generated by natural disasters, car bodies, tyres, oils, batteries, sewage sludge, etc.

Stabilisation

The process that a landfill undergoes to become stable. During the stabilisation process, there are environmental releases such as leachate production and gas emissions. It may take as many as thirty years for a landfill to be completely stabilised after closure.

Subsidence

Another word for settlement, see settlement.

Tipping fee

A fee for unloading or dumping waste at a landfill.

Trickling filter

A simple biological wastewater treatment process where a microbial film is attached to non-moving rock or plastic media. Wastewater is sprayed over rocks or plastic media covered with microorganisms. Trickling filters are designed to allow wastewater to contact with air so that degradation of organic matter occurs by the action of the microorganisms.

In a recirculating semi-aerobic landfill system, this process takes place when leachate is returned and trickled through gravels filled around the vertical gas venting pipe.

Vectors

Organisms that carry disease-causing pathogens. Rodents, flies, and birds are the main vectors at a landfill that spread pathogens beyond the landfill site.

Waste characterization study

An analysis of samples from a waste stream to determine its composition.

Waste picker

A person who picks out recyclable materials from mixed waste, usually at a landfill site.

Wetland

An area that is regularly wet or flooded and has a water table that stands at or above the land surface for at least part of the year.

Working face

The area of the landfill where waste is currently being deposited. Also known as the tipping face.

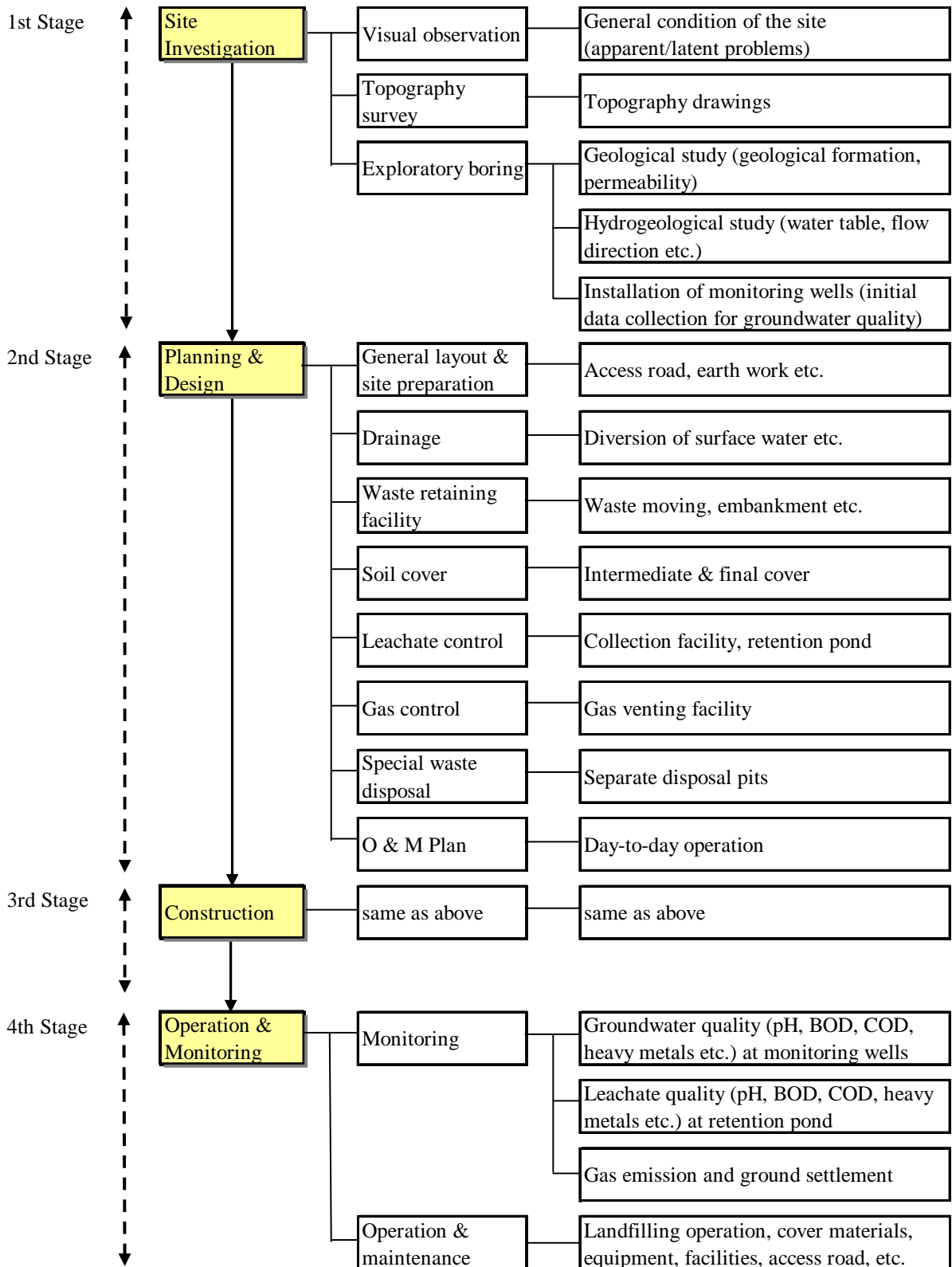
Yard waste

Leaves, grass clippings and other natural organic matters discarded from yards and gardens.

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APENDIX-1



Flow of Upgrading Work